The Oldest Road 4



The Oldest Road 4

Streatley and Goring to Nuffield





Marmite

Marmite is a food spread made from yeast extract invented by German scientist Justus von Liebig and originally made in the United Kingdom. It is a by-product of beer brewing and is produced by Anglo-Dutch company Unilever.

A National Dish

Ask just about anyone what the British National dish is and you're likely to get one of three stock answers :

1.) Fish n' Chips

2.) Sunday Roast

3.) Chicken Tikka masala



Quora

Q Search for questions, people, and topics

Indian Cuisine and Food Fame and Mass Popularity The United Kingdom Food

Why is Indian food so popular in the UK?



Paul Ingham, Im more than a bit of a foodie. Importantly its cultural&historical significance

Answered May 31, 2016 · Author has 269 answers and 480.7K answer views

There is a long tradition of connections between the UK and the Indian sub-continent dating back at least to the formation of the East India Company in 1600AD. The earliest known "curry" recipe in an English cookbook was from 1747

To make a Currey the Indian Way.

TAKE two fmall Chickens, fkin them and cut them as for a Fricafey, wash them clean, and flew them in about a Quart of Water, for about five Minutes, then strain off the Liquor and put the Chickens in a clean Dish; take three large Onions, chop them small and fry them in about two Ounces of Butter, then put

in the Chickens and fry them togethe



Grant Mitchell Spork, former Director

Answered November 10, 2018 · Author has 506 answers and 937.9K answer views

Originally Answered: Why is Indian food prevalent in the U.K.?

Indian food is very tasty! The herbs and spices used in India, Pakistan and Bangladesh were used to preserve meat when there was no refrigeration, so a lot of spices are required and long cooking times. English traditional food is considered to be bland when compared to the Indian food. In the UK today Indian food can be prepared beforehand and so is easy to serve. Many Indian, Pakistani, Bangladeshi people moved to the UK. A large number set up stalls and began restaurants selling traditional foods. This led to easy availability of Indian foods, spices and ingredients......the Indian food is now considered the UK's national dish.



Vegetarian Starters

Dnion Bhaji onion and potato, deep fried with gram flour until golden brow	£4.25
Corn & Potato Cake (Wheat) potate and corn mash, mixed with light spice, then deep fried iden brown.	\$4.25
Chilli (Dairy) (Soya) indian style cheese) tossed with fresh garlic, ginger, bell pepper ith onion, green chilli, spring onion, soya and sweet chilli saus	£5.95
Onion & Spinach Samosa (Dairy) (Wheat) ative approach to the samosa.	£4.95
ring Roll (Wheat) (Soya) mixed vegetables with sesame oil, soya sauce, rolled in a le pactry dough.	£4.95

NON VEGETARIAN STARTERS

Lollypop (Egg) (Wheat)	£6.25
Lollypop (Egg) (Wheat) iblets marinated with fresh ginger, garlic, cotiander, seasoned	1
then mixed with corn flour and deep fried until golden.	
or Lamb Tikka (Dairy)	£5.50
Malai Tikka (Dairy) (Egg) (Nuts) ajasthani delicacy, this chicken barbecue evokes images of nd dunes roaring camp fires and lifting folk music. These sken tikkas are mildly flavoured with cheddar cheese.	£5.95
op (Dairy)	\$7.45
b chop marinated in a blend of yoghurt, herbs and spices to cipe for 24 hours before cooking in the tandoori.	
Sheek Kebab (Egg) b blended with medium spices and garlic,	£4.95
d cooked in the tandoori clay oven.	
b (Dairy) (Egg)	£6.50
on of tender lämb tikka, Lacknow and a piece of chicken tikka.	
Chicken (Dairy)	£6.95
piece of leg or breast.	
haat Puree (Wheat)	£5.95
b (Egg) (Wheat)	£6.45
with chana dal, red chillies and whole spices, deep fried.	

SEAFOOD	STARTERS
(Nuts) (Fish)	

£8.50

TANDOORI DISHES (TRADITIONAL)

Chicken Tikka (Dairy)	£9.95
Lamb Tikka (Dairy)	£10.95
Tandoori Chicken (Dairy)	£12.45
On the bone, 3 pieces of chicken that includes leg of chicken and	breast.
Chicken Malai Tikka (Nuts) (Dairy)	£10.95
Mixed Chicken Tikka (Egg) (Dairy)	£10.95
Lucknow Sheek Kebab (Egg)	£9.95
Shashlick (Chicken or Lamb) (Dairy)	£11.95
King Prawn Shashlick (Fish) (Dairy)	£14.95
Tandoori King Prawn (Fish) (Dairy)	£13.95
Salmon Tikka (Fish)	£14.45
Salmon fish marinated in yogurt, garlic and ginger paste mix of Indian spice, cooked in Tandoori Clay oven.	and
Tandoori Mixed Grill (Fish) (Dairy) (Egg)	£15.95
Very popular dish. A selection of Tandoori king prawn, Tandoori	chicken,

lamb chops, sheek kebab and Reshmi kebab served with a special garnish.

BURI HOUSE SPECIALITIES

Duck Dupiaza (Dairy)	£13.95
Roasted duck breast, sliced onion, bell pepper, cooked bhuna style with light spice and tomato sauce.	
Duck Lemon Grass (Nuts) (Dairy) Breast of duck cooked in tangy sweet and sour curry, flavoured with fresh lemongrass. Of Thai origin given an Indian twist, garnished with fresh coriander and lemon grass.	£15.45
Roasted Lamb and Duck Special (Dairy) (Celery) Chef's special recipe. Please tell the waiting staff if you would like it mild, medium, or hot.	£13.95
Burj Special Chicken (Nuts) (Dairy) Roasted chicken tikka cut in julienne pieces, prepared with cream, cas nut, tomato, mushroom, and saffron with a touch of grand marnier.	£11.95
Chicken or Lamb Kalimiri Chettinad (Nuts) # A classic peri-peri chicken flavour with crushed black pepper, chilli, and tamarind extract. Well balanced and an equally hot companion.	£12.45
Chicken or Lamb Handi Adraki (Dairy) # Central Indian style of cooking. Spring chicken or lamb with onion, tomato, ginger and coarsely ground spices, finished with fresh fenugre	£12.45
Kolapuri Chicken or Lamb (Dairy) # 1 famous dish made during the Moghul era using black onion seed, 2 hunks of mustard lamb/chicken infused with garam massala and	£12.95

CHEE'S SPECIAL CHOIC

Our chef is quite happy to select food for you. Please tell our waiting staff how you would like the food, i.e. mild, medium, or hot and whether you prefer your food creamy or with a specific flavour i.e. coconut etc.

Prices start from Vegetarian/Chicken/Lamb/King Prown/Mixed Seafood £10.95

(i.e. tiger prowns, scallop, fish, squid, mussels)

Vegetarian Dishes

All vegetarian dishes are served as a main course or as a side portion.

Side £4.50 Main £7.50

Methi Mattar Malai (Nuts) (Dairy) Roasted fenugreek leaves, spinach, and peas in a light spicy creamy sauce. Mushroom Mattar (Nuts) (Dairy) Mushroom and peas in a tomato and yogurt creamy sauce. Mixed Vegetable Curry Fresh seasonal vegetables cooked in light spices and an onion and tomato gravy. Palak (Spinach) (Dairy) Red kidney beans cooked with spinach, fenugreek leaves and light spices in a creamy sauce. Bombay Aloo Baby potato gently spiced and cooked with tomatoes and chopped onions. Chanaa Masala Chickpeas cooked with onions, tomato, garlic, ginger, fenugreek leaves and light spicy sauce. Raima Masala Red kidney beans cooked with spinach, fenugreek leaves and light spice and creamy sauce. Begun Massala Whole baby aubergines cooked with cumin seeds, curry leaves, onion and tomato gravy. Tarka Dall (Dairy) Red and yellow lentils cooked with butter, onion, tomato, ginger. garlic and cumin/mustard-seeds. Dall Palak Mushroom (Dairy)

Cooked mixed lentils with spinach and mushroom, coriander and tomato. Aloo Gobi

Baby potato and cauliflower cooked with cumin seeds, curry leaves, onion, tomato, and spley Bhuna style sauce.

Aloo Begun

Baby potato and whole baby aubergines cooked with cumin seeds, curry leaves, onion, tomato, and spicy Bhuna style sauce.

sheek kebab and a piece of chicken tikka.	and a
Tandoori Chicken (Dairy)	£6.95
On the bone, piece of leg or breast.	
Chicken Chaat Puree (Wheat)	£5.95
Shami Kebab (Egg) (Wheat) Lamb mince with chana dal, red chillies and whole spices, deep fried.	£6.45
Lamb mince with chana dal, red chillies and whole spices, deep fried.	

SEAFOOD STARTERS

Kalnoji Jinga (Nuts) (Fish) Jumbo king prawns marinated with roasted gram flour, cashew nuts, yogurt, cream, roasted kalonji and cooked in the tandoori clay oven.	£8.50
Garlic King Prawn (Dairy) (Fish) Jumbo king prawns marinated in fresh garlic, coriander and mozzarella	£8.95 cheese.
Prawn Kaliwad (Fish) Tiger prawns marinated in garlic, ginger, seasoned with salt & pepper, lemon juice, dipped in gram flour and deep fried.	£5.95
Garlic Chilli Squid (Fish) (Soya) Squid tossed with garlic, chilli, soya and bell pepper.	£5.95
Grilled Atlantic Scallop (Fish) Scallops marinated with olive oil, dill leaves, seasoning, and light spices, cooked in a pan grill served with tomato chutney.	£7.25
Salmon Tikka (Dairy) (Fish) Salmon fish marinated in yogurt, garlic and ginger paste and mix of Indian spice, cooked in Tandoori Clay oren.	£6.95

POPULAR STARTERS

Burj Signature Platter (Egg) (Dairy) (Fish) A selection of jumbo king prawns, lamb chop, Salmon tikka and a chicken lollypop.	£10.95
Mixed Vegetable Platter (Wheat) (Dairy) Three typed of vegetable starters selected by our chef.	£6.25
Burj Seafood Platter (Fish) (Dairy) Three types of seafood starters selected by our chef.	£8.95

TRADITIONAL CURRIES

A sauce based on a traditional range of Indian spices, givin	ng a rich flavour.
Chicken or Lamb Chicken Tikka or Lamb Tikka	£9.50
Tiger Prawn	£10.50
King Prawn	£11.50
Vegetarian	£12.50

nut, tomato, mushroom, and saffron with a touch of grand marnier.	, asnew
Chicken or Lamb Kalimiri Chettinad (Nuts) # A classic peri-peri chicken flavour with crushed black pepper, chilli and tamarind extract. Well balanced and an equally hot companior	£12.45
Chicken or Lamb Handi Adraki (Dairy) # Central Indian style of cooking. Spring chicken or lamb with onion tomato, ginger and coarsely ground spices, finished with fresh fenug	£12.45
Kolapuri Chicken or Lamb (Dairy) 1 A famous dish made during the Moghul era using black onion seed, chunks of mustard lamb/chicken infused with garam massala and crushed ginger in a light sauce.	£12.95
Mother Chicken (Wheat) (Celery) (Egg) (Mustard) # A favourite in South India. Stir fried breast chicken cooked with dic tomato, mustard seed, Kashmiri chilli, black pepper and fresh corian	£11.95 red onion, oder.
Banjara Chicken (Egg) (Wheat) # Stir fried chicken breast cooked with green and red pepper strips in a juicy North Indian sauce.	£11.95
Dal Gosht (Mustard) Tender lamb marinated in mixed spice and yogurt for at least 24 ho and served with yellow (chana) lentils, red onion, and green chillies.	£11.95
Murgh Lababder (Nuts) (Egg) Tender pieces of succulent chicken with Rajastani spices and an age old cooking technique. (Served with eggs)	£12.95
Lamb Shank Rogan A king of curries. A classic Kashmiri dish cooked with whole lamb shanks in a rich onion and fresh tomato puree.	£14.95
Lamb Rara <i>f</i> A North Indian dish. Tender pieces of lamb and lamb mince cooked w onion, tomato, garlic, and ginger; a secret recipe of our award winnin	£12.50
Lamb Rack Tender pieces of finished rack of lamb marinated with special herbs, seasoning, yogurt, a touch of mint 24 hours before preparing. Served with sautéed vegetables.	£14.50
Lamb Chop Masala (Dairy) Lamb chop cooked with black pepper, mixed spices and gravy	£14.50
Chicken prepared with goan spices, coconut milk, curry leaves, and mustard seeds, served with seasoning / aram massala	£11.50 tomato
Chicken or Lamb cooked with fresh garlic chilli, onion and pepper served with a separate accompaniment of a spicy, tanay save	£12.95
Butter Chicken (Dairy) (Nuts) Chicken breast cooked in a Tandoori clay oven, mixed with cashew nut	£11.95

Iarka Dall (Dairy) Red and yellow lentils cooked with butter garlic and cumin/mustard seeds. Dall Palak Mushroom (Dairy) Cooked mixed lentils with spinach and mi

Aloo Gobi

Baby potato and cauliflower cooked with tomato, and spicy Bhuna style sauce.

Aloo Begun

Baby potato and whole baby aubergines co seeds, curry leaves, onion, tomato, and spic

Aloo Palak (Dairy) Baby potato and sautéed spinach cooked w

Palak Paneer (Nuts) (Dairy) Homemade Indian style cheese cooked with served with butter.

Paneer Butter Masala (Nuts) (Dairy) Homemade Indian style cheese cooked with with butter.

Dal Makhani (Dairy) Red kidney beans, black whole urid and yel garlic, ginger, butter and fresh cream.

Rajma Chanaa Massala

Red kidney beans and chick peas cooked with garlic, finer, fenugreek leaves, mixed spices a Vindi Bhaji (okra)

Stir fried okra gently prepared in dry spices. Khatte baingan (baby aubergine) (Musta Baby aubergine cooked in a liquor made from coriander seeds

RICI

Steam Basmati Rice Basmati Pilau Rice (Dairy) Burj Special Rice (v) (Dairy) Egg Fried Rice with Peas (Egg) (Dairy) Mushroom Fried Rice (Dairy) Jeera Rice (Dairy) Lemon Rice (Dairy) (mustard) Prawn Rice (Dairy) Coconut Plan (1)

jumbo king prawns, lamb chop,	£10.95	
a and a chicken lollypop. etable Platter (Wheat) (Dairy) of vegetable starters selected by our chef.	£6.25	
od Platter (Fish) (Dairy) of seafood starters selected by our chef.	£8.95	

TRADITIONAL CURRIES sed on a traditional range of Indian spices, giving a rich flavour. or Lamb £9.50 Tikka or Lamb Tikka £10.50 awn £11.50 awn £12.50 ian £7.95 \$ 11 00 111 a (Nuts) (Dairy) - Very mild dish cooked cream, cashew nuts, and a mild sauce. Massala (Nuts) (Dairy) - Most popular dish in which needs no introduction. nda (Nuts) (Dairy) - Very mild dish cooked cream, cashew nuts and butter. a (Dairy) - Well cooked, medium hot with different spices, onion, garlic, and a pile of fresh tomato in a thick sauce. n - Rogan dishes are medium to hot, well spiced and cooked in butter ick gravy with fried tomatoes on top. mir (Nuts) (Dairy) - A mild curry with tropical fruits ecial Kashmiri sauce. a (Dairy) - Sweet, sour, hot and saucy.

CLASSIC DISHES ce based on a traditional range of Indian spices, giving a rich flavour. Eken or Lamb cken Tikka or Lamb Tikka £11.50 er Prawn £12.50 g Prawn £13.50 tetarian £8.95

frezi (Dairy) - Hot favourite. Food cooked with onions, green pepper fresh green chillies. Garnishes with coriander and ginger.

rai (Dairy) - A very popular dish that does not need any introduction.

onion, tomato, garlic, and ginger; a secret recipe o	four award winning chef.
Lamb Rack Tender pieces of finished rack of lamb marinated seasoning, yogurt, a touch of mint 24 hours befor Served with sautéed vegetables.	£14.50
Lamb Chop Masala (Dairy) Lamb chop cooked with black pepper, mixed spices	and aravy £14.50
Goan Chicken Curry (Mustard) Chicken prepared with goan spices, coconut milk, and mustard seeds, served with seasoning/gram m	curry leaves, tomato
Garlic Chilli Chicken or Lamb (Celery) (N Chicken or Lamb cooked with fresh garlic chilli, or served with a separate accompaniment of a spicy, t	gurt) \$ £12.95
Butter Chicken (Dairy) (Nuts) Chicken breast cooked in a Tandoori clay oven, mix tomato, butter, fresh cream. A mild curry with swee	£11.95
Chicken or Lamb Spinach Balti	£11.95
Lamb Navarin A ragout of lamb and potatoes. Named after the na originally the main accompanying vegetable. This given an Indian twist with baby potatoes.	£11.95
Chicken or Lamb Gunpowder (Dairy) Apart from pickles, spicy gun powders are another j dishes and are the mother of all powders. Very popul	£11.95 form of spicing up many
Stir Fried Chilli Chicken or Lamb (Egg) (1) Battered chicken cooked in a smoking wok with pep spring onions. A marriage of Indian and Chinese sp	Wheat) £12.95
SEAFOOD DIS	
I I PUL P	

Kerala Fish Curry (Fish) (Mustard) † Fillet of sea bass cooked South Indian style, mustard seeds, fresh curry leaves, onion, tomato, coconut milk and a touch of tamarind.	£13.95
Goan Fish Curry (Fish) (Mustard) Salmon fish cooked with Goan spices, coconut milk, curry leaves, tomato and mustard seeds, served with seasoning/garam massala.	£13.95
Fish Rara (Fish) (Mustard) f Stir fried white boneless fish tossed with onion, garlic, pepper and coriander, cooked North Indian style.	£12.95
Tamarind King Prawn (Mustard) <i>f</i> Fresh water jumbo king prawns cooked with tamarind sauce and a touch of mango, delicately cooked with light spice and coconut milk.	£12.95
King Prawn Malai Curry (Mustard) 1 Fresh water king prawn cooked with various spices, coconut milk, cream, and a touch of Dijon mustard.	£13.95
Garlic Chilli Squid (Fish) (Sova)	£12 50

Baby aubergine cooked in a liquor made from onions, red chillies of coriander seeds

RICE

Steam Basmati Rice
Basmati Pilau Rice (Dairy)
Burj Special Rice (v) (Dairy)
Egg Fried Rice with Peas (Egg) (Dairy)
Mushroom Fried Rice (Dairy)
Jeera Rice (Dairy)
Lemon Rice (Dairy) (mustard)
Prawn Rice (Dairy)
Coconut Rice (Mustard) (Nuts)

BREAD

Plain Naan (Wheat)	
Butter Naan (Dairy) (Wheat)	
Garlic Naan (Wheat)	
Peshwari Naan (Nuts) (Wheat)	
Keema Naan (Wheat)	
Kulcha Naan (Wheat)	
Paratha (Wheat)	
Stuffed Paratha (Wheat)	ĩ
Tandoori Roti (Wheat)	ĩ
Chapatti (Wheat)	ĩ

ACCOMPANIMENTS

Mixed Raita	(2
Chips	£3.
Green Salad	£2.
Plain Papadum	and a stand of the second standing of the
Spicy Papadum	80
Mint and Corlander Sauce (Dairy)	80 70
Mango Chutney	70
Chutney Tray per person (Dairy)	701
Onion Salad	70p
Mixed Pickle (Mustard)	70p
Tamarind Sauce	70p

s no introduction.

- Dairy) Very mild dish cooked v nuts and butter.
- 'ell cooked, medium hot with different spices, onion, pile of fresh tomato in a thick sauce.
- shes are medium to hot, well spiced and cooked in butter fried tomatoes on top.
- (Dairy) A mild curry with tropical fruits ri sauce.
- weet, sour, hot and saucy.

CLASSIC DISHES

traditional range of Indian spice	tional range of Indian spices, giving a rich flavour.	
nb	£10.50	
or Lamb Tikka	£11.50	
	£12.50	
	£13.50	
	£8.95	

- r) Hot favourite. Food cooked with onions, green pepper hillies. Garnishes with coriander and ginger.
- A very popular dish that does not need any introduction.
- Massala, Bhuna style. Fresh green chillies give a lovely taste.
- A very popular dish in the British curry industry.
- ty) Sweet and sour, cooked with lentils.
- airy) Briskly fried chopped onions, herbs and spices cooked in a ick onion gravy.
- Medium dish, well spices, cooked with fresh spinach.
-) Medium dish cooked with fenugreek leaves in a thick sauce.

BIRYANI DISHES

ll be cooked by our chef in Hyderabudi style that is most popular All bityani is served with mixed vegetable curry.

ryani (Dairy) (Egg)	£12.95
ni (Dairy) (Egg)	£13.50
rani (Dairy) (Egg)	£13.95
	£14.95
n Biryani (Dairy) (Egg)	
Biryani (Dairy) (Egg)	£11.95

dishes and are the mother of all powders. Very popular in South India. Stir Fried Chilli Chicken or Lamb (Egg) (Wheat) £12.95 Battered chicken Colled In a making and the source of th

Battered chicken cooked in a smoking wok with peppers, red onions, spring onions. A marriage of Indian and Chinese spices.

SEAFOOD DISHES

Kerala Fish Curry (Fish) (Mustard) 1 f Fillet of sea bass cooked South Indian style, mustard seeds, fresh	£13.9
curry leaves, onion, tomato, coconut milk and a touch of tamarind. Goan Fish Curry (Fish) (Mustard) # Salmon fish cooked with Goan spices, coconut milk, curry leaves, tomato and mustard seeds, served with seasoning/garam massala.	£13.95
Fish Rara (Fish) (Mustard) # Stir fried white boneless fish tossed with onion, garlic, pepper and coriander, cooked North Indian style.	£12.95
Tamarind King Prawn (Mustard) Fresh water jumbo king prawns cooked with tamarind sauce and a touch of mango, delicately cooked with light spice and coconut milk	£12.95
King Prawn Malai Curry (Mustard) * Fresh water king prawn cooked with various spices, coconut milk, cream, and a touch of Dijon mustard.	£13.95
Garlic Chilli Squid (Fish) (Soya) Squid tossed with garlic, chilli, soya and bell pepper.	£12.50
Galda Chingri Massala (Mustard) A Persian / West Indian dish cooked with jumbo king prawns (in the shell) using mixed spices, onion, tomato, mustard space, and n	£15.95 nixed with
curry leaves to make the dish really rich. Vasha Chingri (Mustard) Very popular in West Bangal in India and Bangladesh. Jumbo	£15.95
king prawns (in the shell) cooked with saffron, spices from Bengal. with fresh tossed spinach.	Served
Garlic Chilli King Prawn (Celery) King prawn cooked with fresh garlic chilli, onion, and pepper, served with a separate accompanying spicy tangy sauce.	£13.95
King Prawn Nagoori (Dairy) Saffron and garlic flavoured king prawns cooked in the Tandoor. Served with spiced sauteed mushrooms.	£14.95

(?) Allergen warning Medium Hot W Very Hot

Peshwari Naan (Nuts) (Wheat)	\$3.43
Keema Naan (Wheat)	£3.45
Kulcha Naan (Wheat)	£3.45
Paratha (Wheat)	£3.45
Stuffed Paratha (Wheat)	£3.45
Tandoori Roti (Wheat)	£3.95
Chapatti (Wheat)	£2.95
Chapacu (mneat)	£1.95

ACCOMPANIMENTS

Mixed Raita	
	£2.95
Chips	£3.95
Green Salad	Contraction of the second second
Plain Papadum	£2.95
Spicy Papadum	80p
Spicy rapadum	80p
Mint and Corlander Sauce (Dairy)	70p
Mango Chutney	70p
Chutney Tray per person (Dairy)	70p
Onion Salad	the second se
Mixed Pickle (Mustard)	70p
Tamarind Sauce	70p
ramaring Sauce	700

SET MENUS

We can only cater for tables of four and above.

Burj Special Set Meal

£22.50pp

A selection of the finest dishes from our main chef's own collection, prepared as a feast fit for emperors.

Papadum with selection of chutney • Mixed Kebab • Chef special lamb • Goan Chicken Curry • Mixed vegetable curry • Tarka dall • Selection of rice and breads • Gulub jam (Indian sweets) or any other desserts.

The Royal Family Meal

£25.00pp

Papadum with selection of chutneys • Burj signature platter • Chef special lamb • Chicken gumpowder • Mixed regetables • Methi woter malai • Selection of rice and breads • Gulub Jam (Indian weets) or any other deserts.

Top 7 Indian Dishes in England



46137/Via Flickr

Over 200 years ago the first curry shop was opened in London by an Indian migrant. Ever since, Brits have developed an appetite for spicy foods to say the least. Indian food is now among the most popular cuisines in the UK; nowadays there are more Indian restaurants than fast food establishments throughout England! In fact, chicken tikka masala has recently been added as a national dish of the United Kingdom, in addition to the well-known original national dish, fish and chips. So if you're ever on a tour of England, you may find yourself sampling some not-so-traditional English food. It would be an understatement to say that Indian food is popular in the English culture. We're here to prepare you for the jolt of flavor coming your way on your next trip to England.



Top 7 Indian Dishes in England

- Chicken Tikka Masala. England's most popular Indian dish, chicken tikka masala is a bowl of roasted chunks of chicken in a spicy sauce. ...
- Butter Chicken. More formally known as murgh makhani, butter chicken is typically marinated overnight in a yogurt and spice mixture....
- Malai Kofta. ...
- · Rogan Josh. ...
- · Chole....
- Palak Paneer. ...
- Chaat.

What is malai kofta?

Malai means cream and kofta are fried balls. So malai kofta literally translates to koftas dunked in a creamy sauce. It is a popular Indian vegetarian dish in which potato paneer balls are served with a delicious, smooth, rich & creamy gravy.

It is served with **BUTTER NAAN**, roti or with any flavored rice like JEERA RICE.

The gravy is super flavorful, well balanced with a natural sweetness that comes from onions and tang from tomatoes. Making malai kofta at home does take some time so I reserve it for weekend or special meals.



Vegetable kofta curry served with rice in India



Palak paneer

Dish

Palak paneer is a vegetarian dish originating from the Indian subcontinent, consisting of paneer in a thick paste made from puréed spinach, called palak in Hindi, Marathi, Gujarati, and other Indian languages. Wikipedia

Type of dish: Curry Place of origin: India Region or state: North India, India Course: Main course Serving temperature: Hot Main ingredients: Garlic, Tomato, Spinach, Paneer



Chaat

Snack

Chaat or chat is a savoury snack that originated in India, typically served as an hors d'oeuvre at roadside tracks from stalls or food carts across the Indian subcontinent in India, Pakistan, Nepal, and Bangladesh. Wikipedia

Place of origin: Uttar Pradesh

Alternative names: Saat (Sylhet)

Curry

Rogan josh

Rogan josh, also written roghan josh or roghan ghosht, is an aromatic curried meat dish of Persian or Kashmiri origin. It is made with red meat, traditionally lamb or goat. It is coloured and flavoured primarily by alkanet flower or root and Kashmiri chilies. It is one of the signature recipes of Kashmiri cuisine. Wikipedia

Type of dish: Curry

Place of origin: India

Region or state: Kashmir

Serving temperature: Hot

Course: Main

Main ingredients: Lamb and mutton, Dyer's alkanet, Garlic, Tomato



Chana masala

Dish

<

Chana masala, also known as channay, chole masala, chole or chholay, is a dish originating from the Indian subcontinent. The main ingredient is a variety of chickpea called chana or kala chana. They are half the diameter of typical chickpeas with a stronger flavour and firmer texture even after being cooked. Wikipedia

Serving temperature: Hot

Course: Main course

Type of dish: Main course, Curry

Main ingredients: Chickpea, Garam masala, Onion, Amchoor, Ginger, Peppers, Garlic, Coriander seed, Tomato, Chickpeas

Origin: India



Korma

Dish

Korma or qorma is a dish originating in the Indian subcontinent, consisting of meat or vegetables braised with yogurt or cream, water or stock, and spices to produce a thick sauce or glaze. Wikipedia

Type of dish: Curry

Serving temperature: Hot

Main ingredients: Cream, Yogurt, Coconut milk Place of origin: India, Pakistan



Samosa

<

Snack

A samosa is a fried or baked pastry with a savory filling, such as spiced potatoes, onions, peas, cheese, beef and other meats, or lentils. It may take different forms, including triangular, cone, or halfmoon shapes, depending on the region. Wikipedia

Energy: 262 Calories

Alternative names: Samoosa, samusa

Type of dish: Snack

Serving temperature: Hot

Origins: India, Sri Lanka, Tamil Nadu, Indian subcontinent Main ingredients: Meat, Cheese, Onion, Spice, Maida, Potato, Peppers, Chhena, Pea, Condensed milk



Naan Flatbread

Naan is a leavened, oven-baked flatbread found in the cuisines mainly of Western Asia, South Asia, Indonesia, Myanmar and the Caribbean. Wikipedia

Type of dish: Flatbread

Course: Main course

Main ingredients: Yogurt, Wheat flour, Milk, Baker's yeast, Maida, Atta flour, Cooking fat, Water

Place of origin: Southern Asia, Central Asia Serving temperature: Room temperature, Hot



Curry

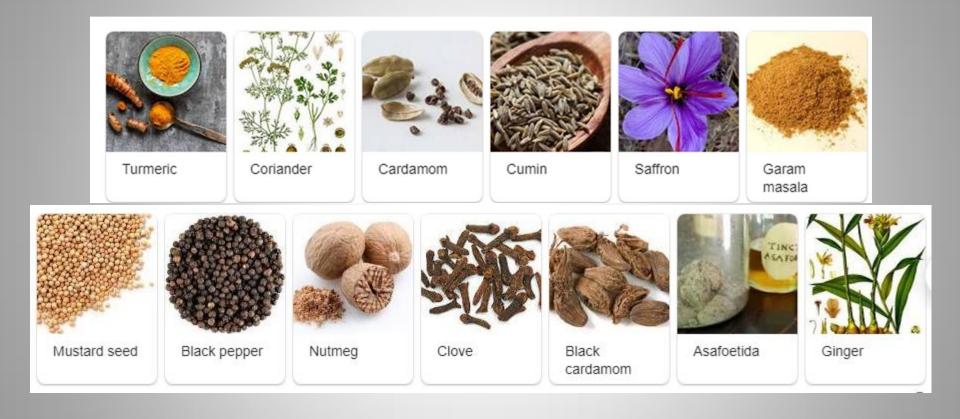
Dish

Curry is a variety of dishes originating in the Indian subcontinent that use a complex combination of spices or herbs, usually including ground turmeric, cumin, coriander, ginger, and fresh or dried chilies. Wikipedia

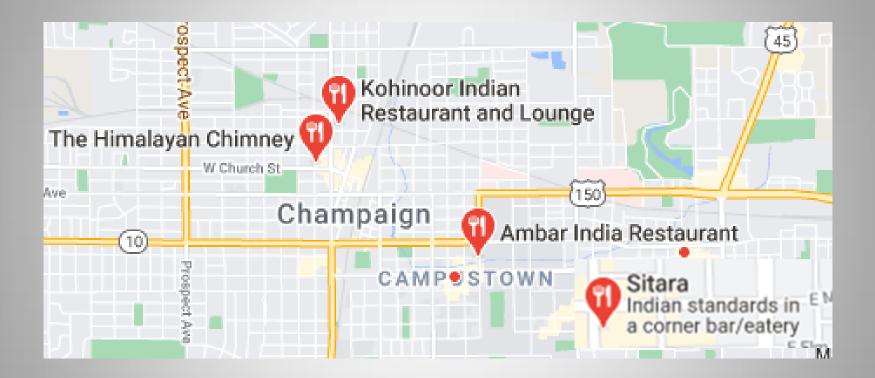
Place of origin: Indian subcontinent

Main ingredients: Spices, herbs, usually fresh or dried hot peppers or chillies

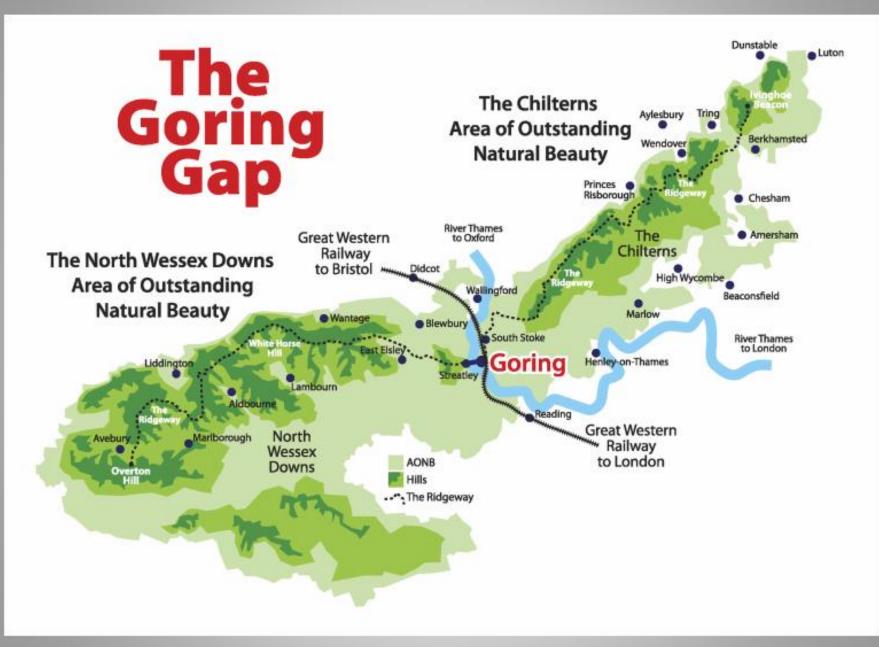
Essential Indian Spices



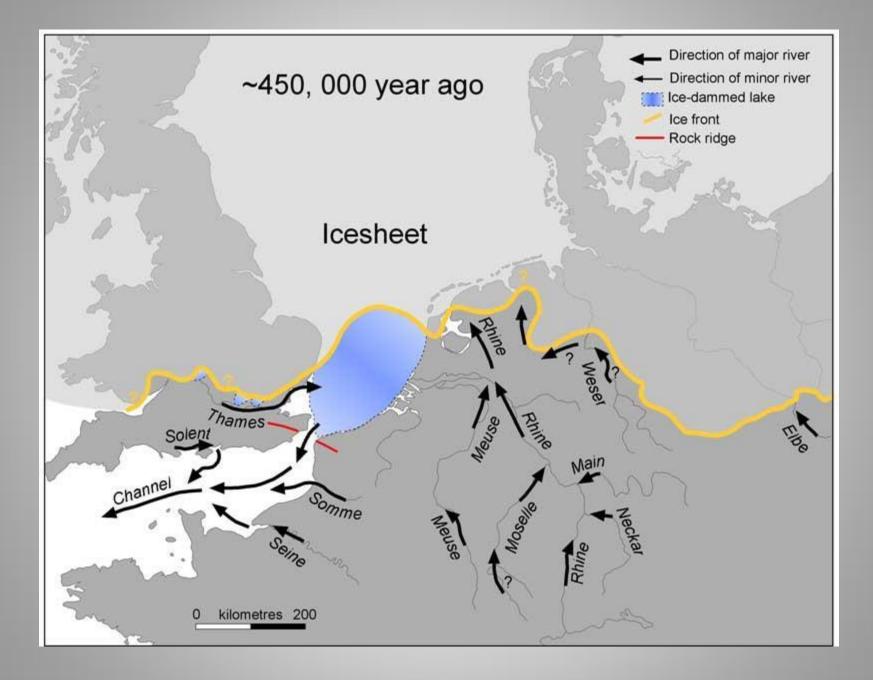
Indian Restaurants in Champaign-Urbana

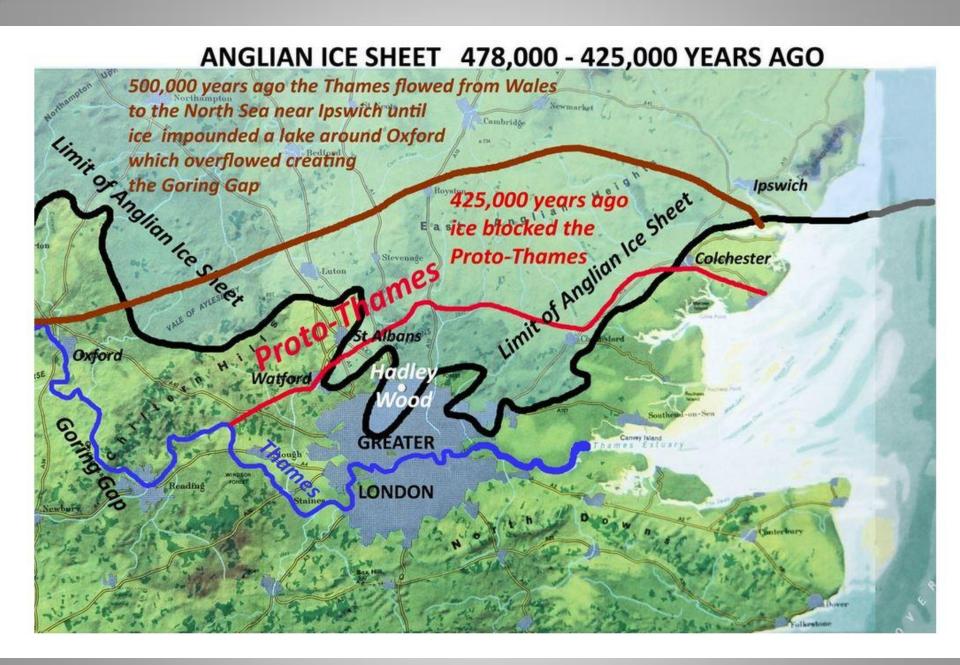












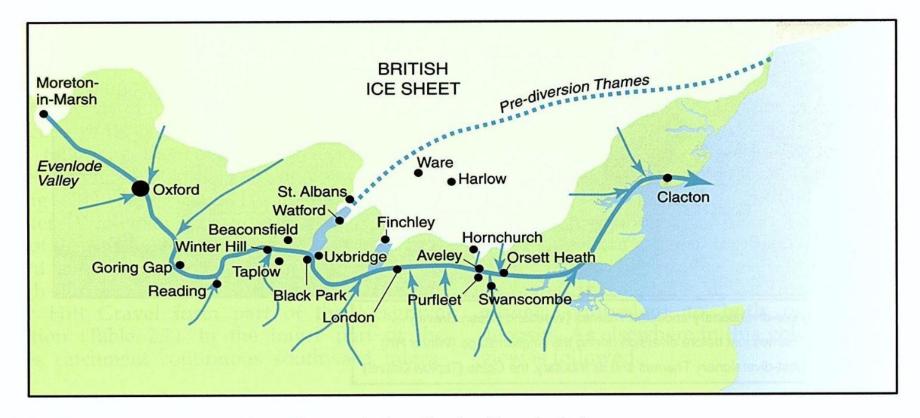
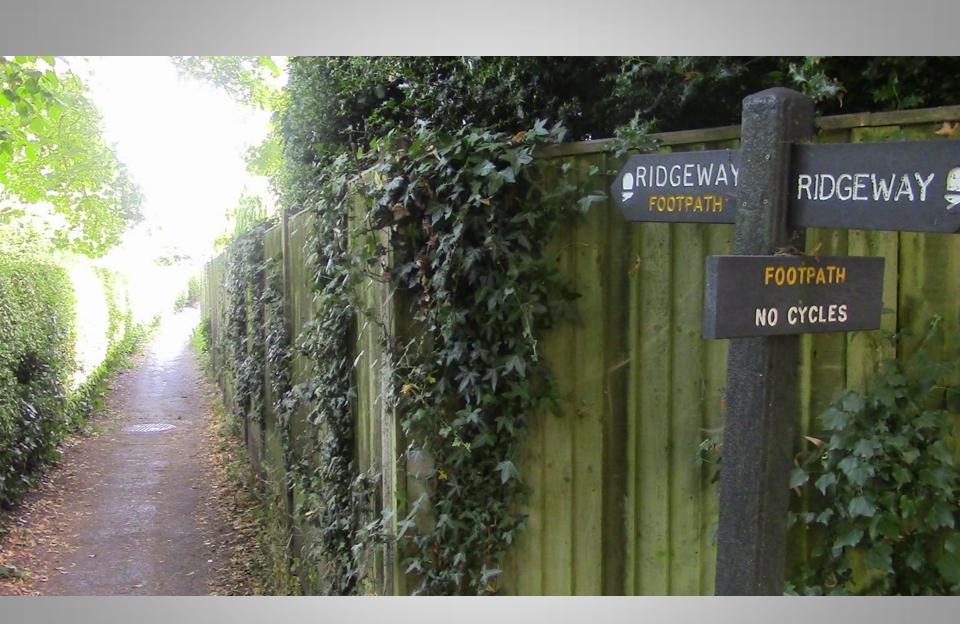
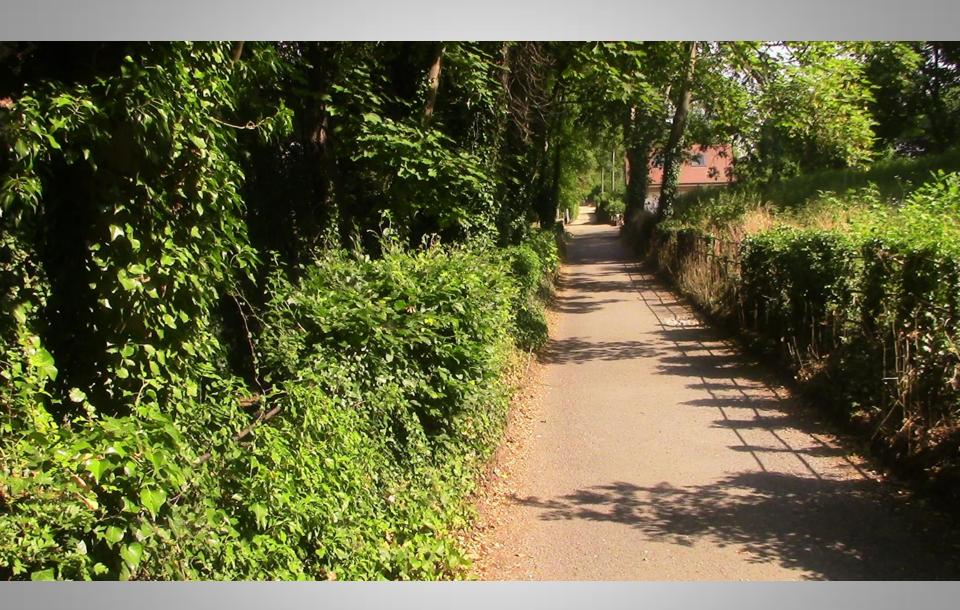


Fig. 2.1 The palaeogeography of the Thames during the Anglian glaciation













Withymead Mature Reserve

THE GAP FESTIVAL HERITAGE TRAILE KENNETH GRAHAME

1859-1932

The author of THE WIND IN THE WILLOWS lived in Pangbourne but knew this area well. It is suggested that he placed the picnic scene on the grass of the old Streatley Mill, sadly destroyed by fire in 1926.

Welcome to Withymead

Enjoy your local Nature Reserve

Withmead is special: an oasis of riverside withmess; a halven for plants and wildfile; a place where Tharme'side boat building once thrived. The reserve was established by Anne Carpmael for the benefit of the community. It opened in 2004 and is known for Loddon Lilles, reced beds, birdlile, reptiles and otters.



How and Whe This treasured coor here for all to enjor noticeboard or web open days. You can times by prior area wardens: email sigh or telephone 03453 forward to seeing vo











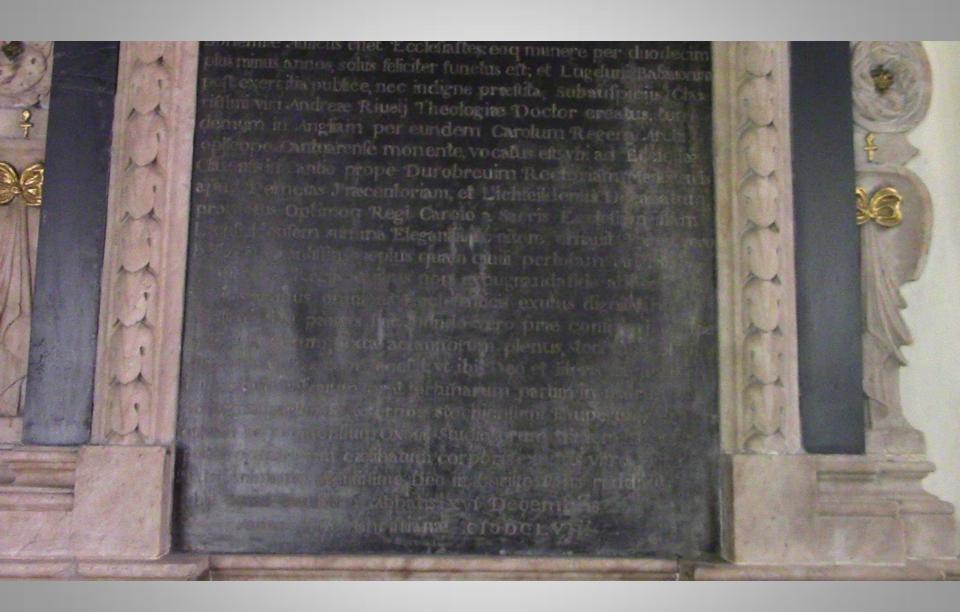


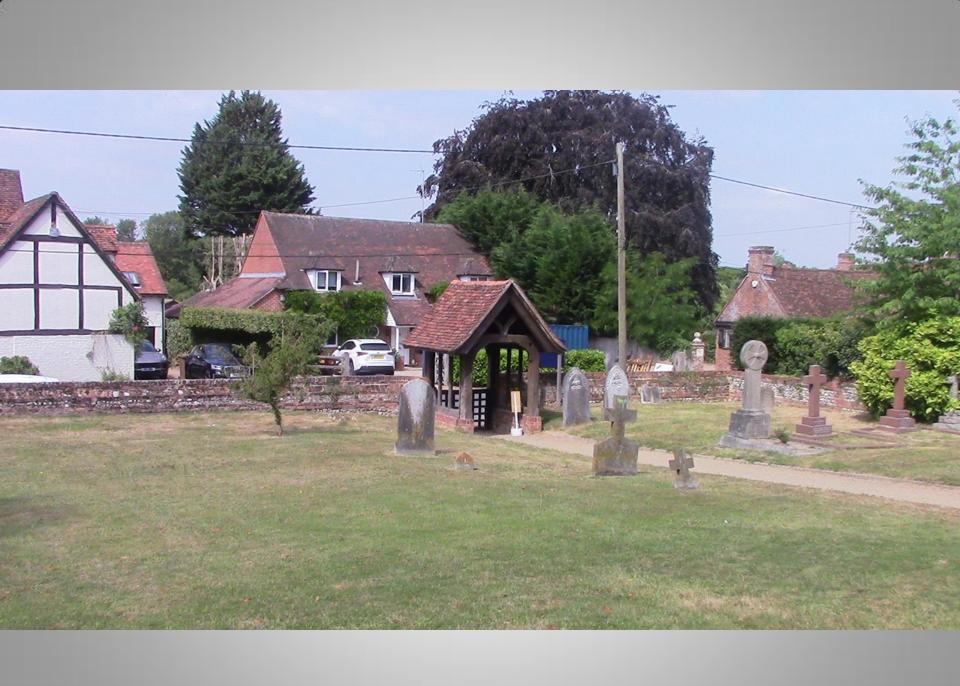






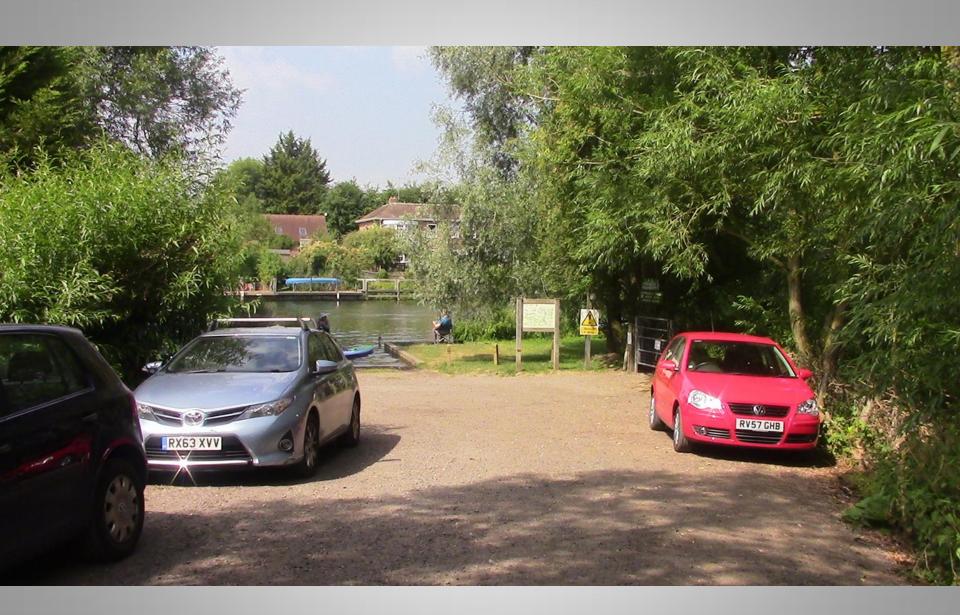








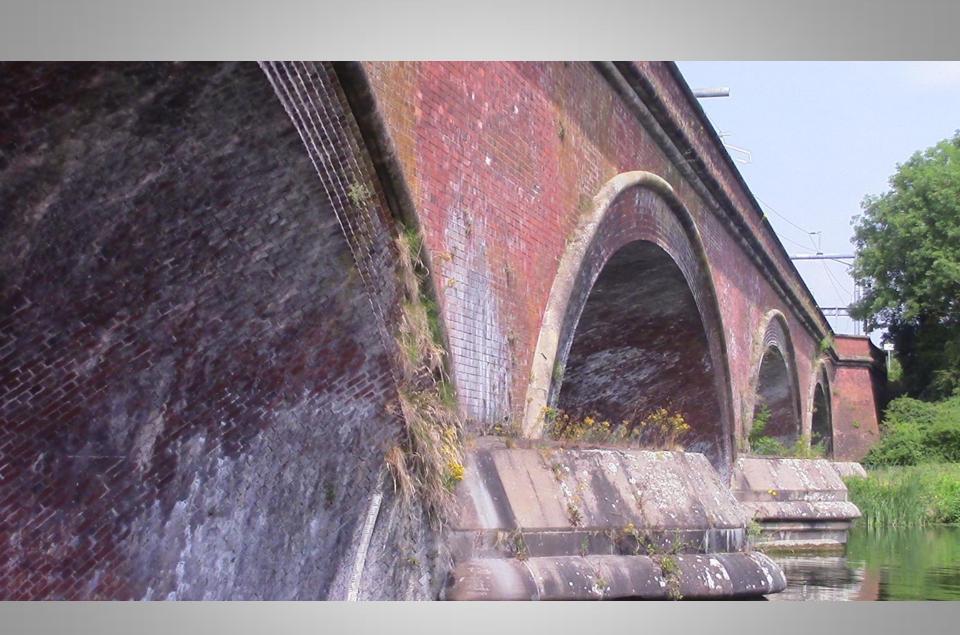












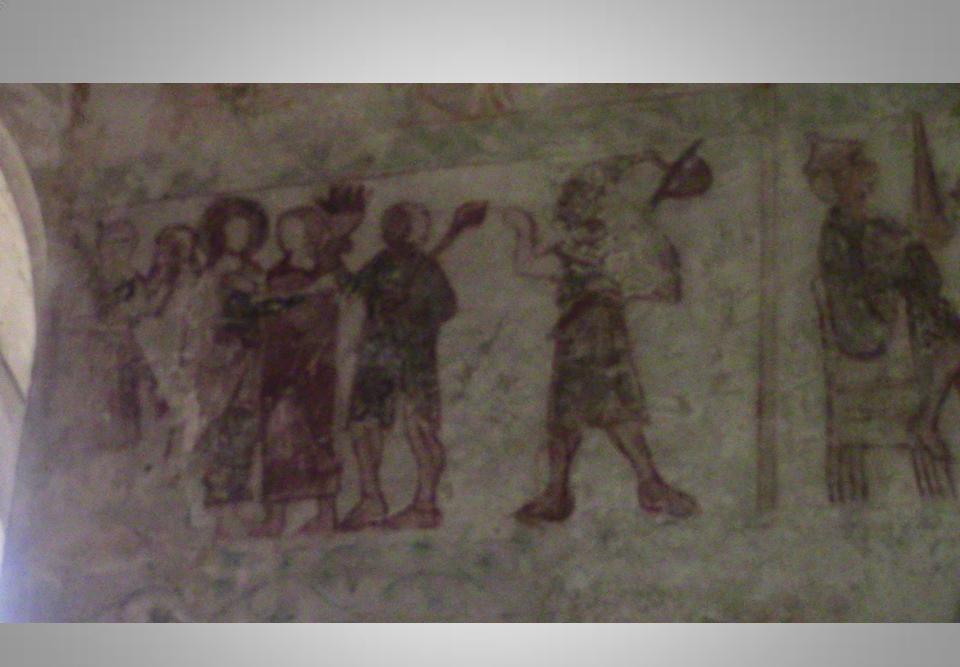


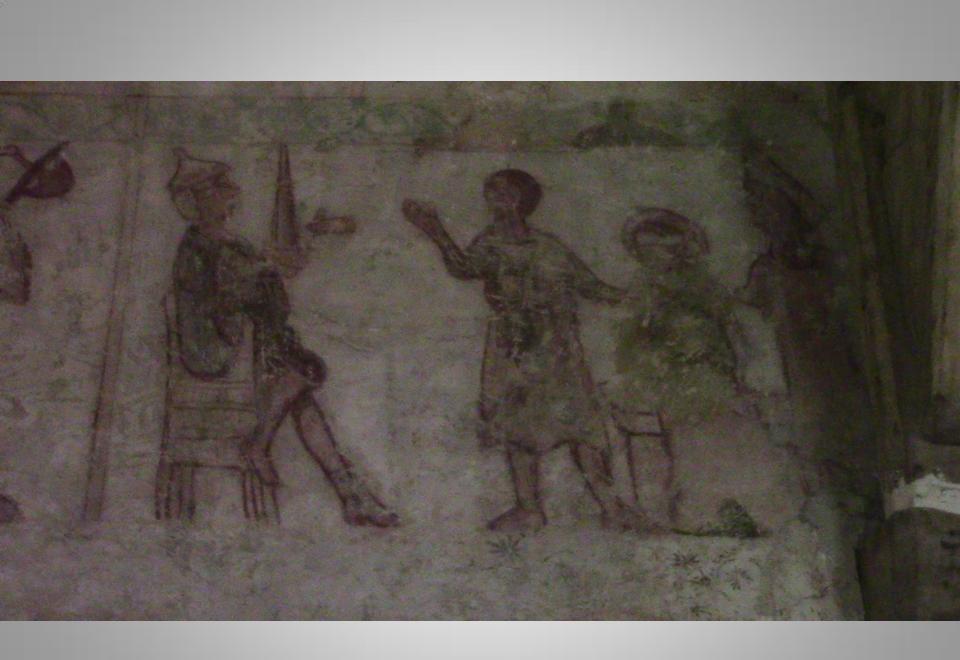




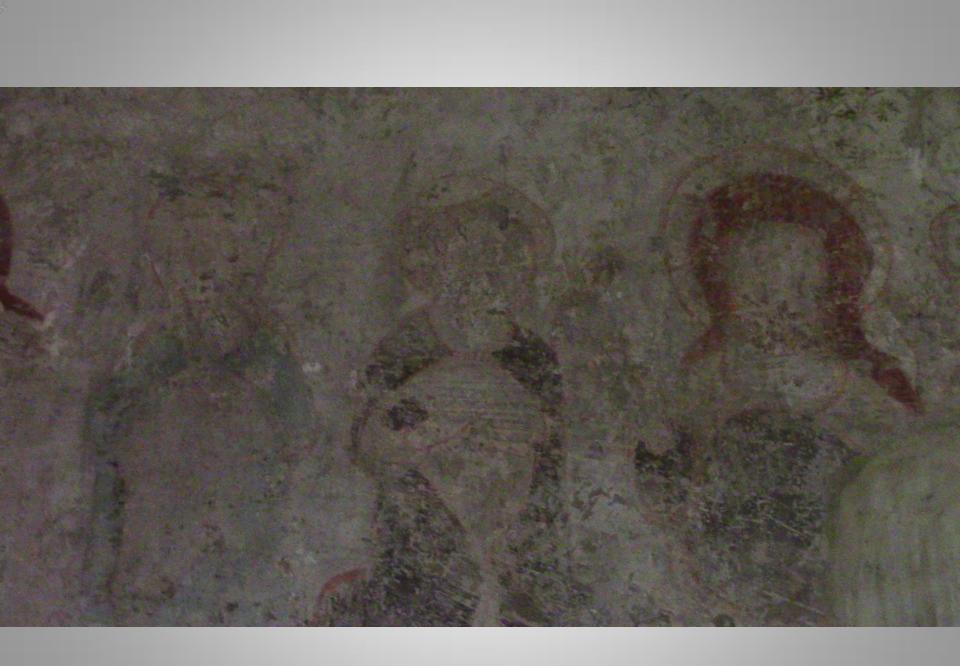




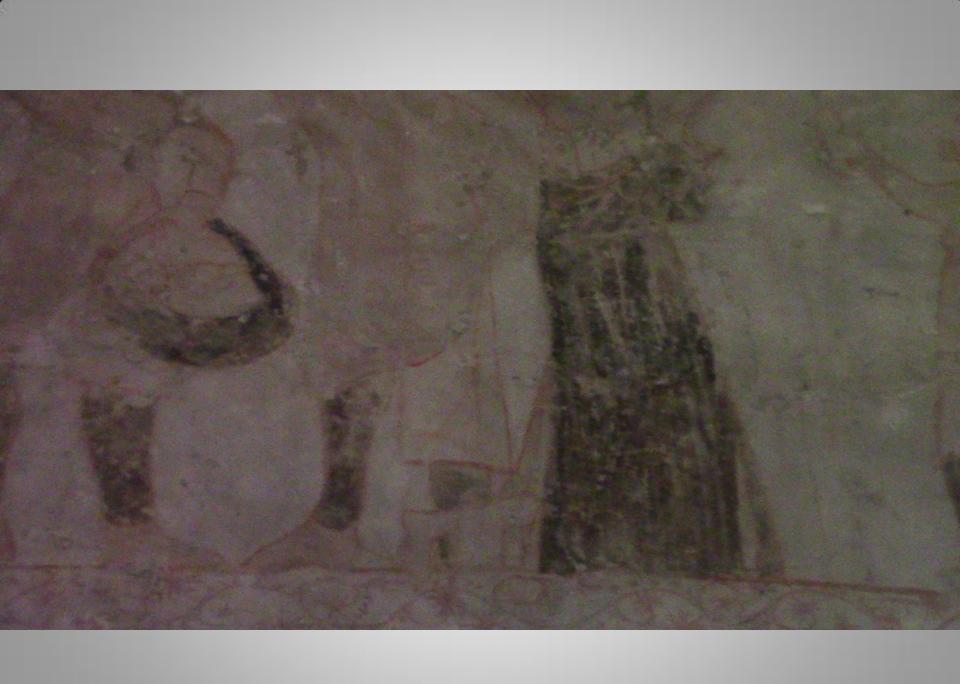
















For further information or to make a booking contact

Nikki Arnfeld Tel. 01491 839736 email: namfeld@yahoo.co.uk

Treasurer Stuart Soames Tel. 01491 836058 email. siwsoames@btinternet.com

The Village Hall is available for hire at very reasonable rates. Smaller authority name: _Cr

NOTI

ACC Local A The A

1. Date of announce

 Each year the smaller Return (AGAR) needs to Smaller Authorities' Audi published with this notice it is subject to change as Any person interested I accounting records for tt books, deeds, contracts, i to those records must interested. For the year er on reasonable notice by a

> (b) _Yvonne Peet Finance Officer Coc finance Doutlook 07798572982

commencing on (c) _____ and ending on (d) _____

3. Local government elec

- The opportunity records; and
- The right to make the appointed au the court for a de of an objection r smaller authority.







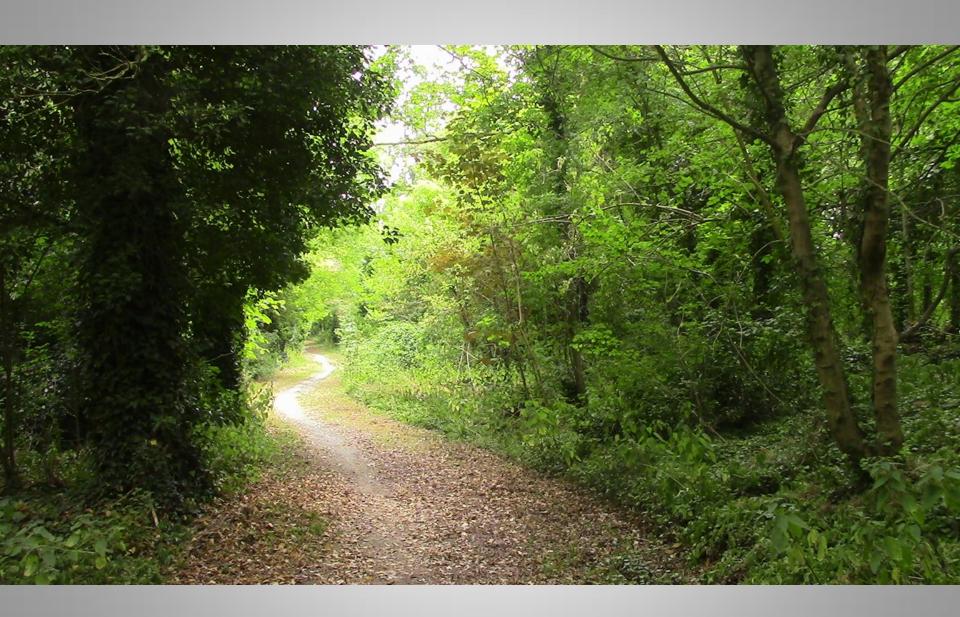
TO THE IRRESPONSIBLE DOG OWNER WHY DO YOU LET YOUR DOG FOUL THIS LANE, ITS NOT HARD TO PICK IT UP AND PUT IT IN ONE OF THE THREE BINS IN THIS VILLAGE. ITS NOT FAIR ON THE CHILREN AND OTHER DOG OWNERS WHO TREAD IN IT. CAN WE PUT IT IN YOUR GARDEN ????? IF YOU CAN LOWER YOURSELF TO GO TO b&m YOU CAN GET 150 BAGS FOR 99p, THINK OF OTHER PEOPLE AND PICK IT UP, ALSO THE WET WIPES/TISSUES THAT YOU USE TO

WIPE YOUR DOGS BACKSIDE. YOU WILL EVENTUALY GET CAUGHT (AND PHOTOGRAPHED) AND I HOPE THE FINE IS LARGE......

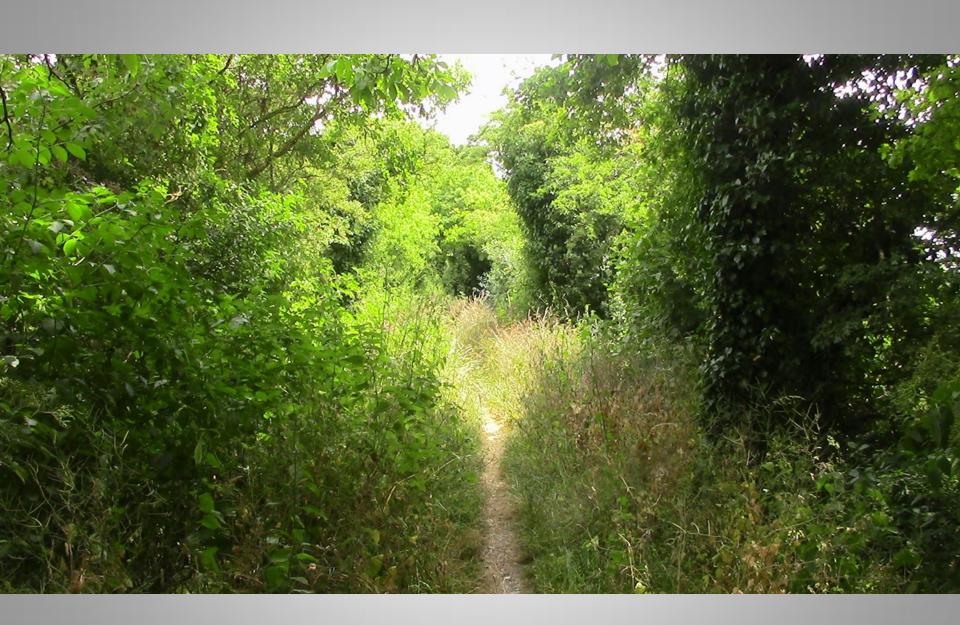




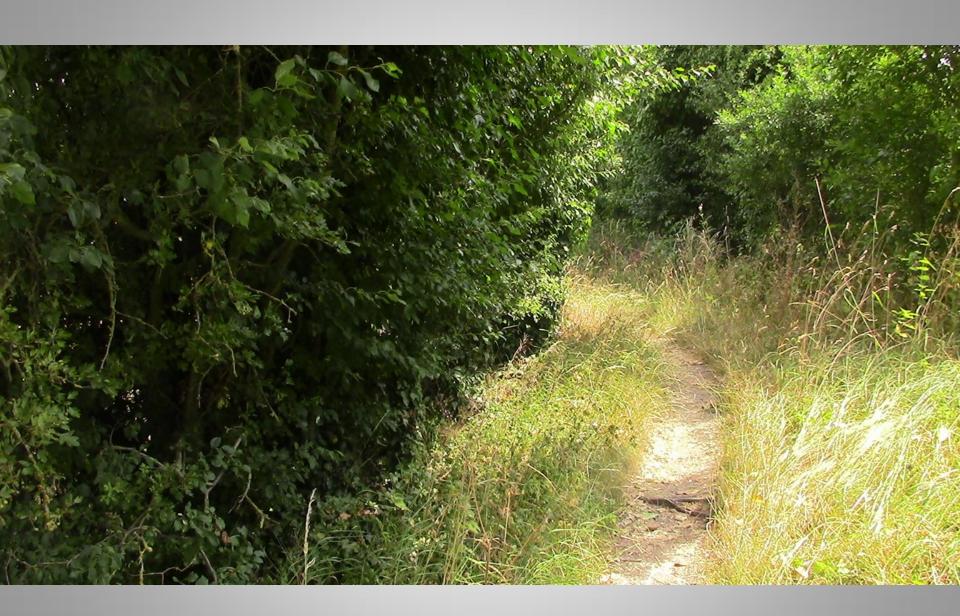














Sparsholt Firs to Watlington

Wildlife: There are pockets of unimproved chalk grassland found along The Ridgeway, usually on steep scarp slopes, including the Devil's Punchbowl, the Holies and Lardon Chase, and Watlington Hill. Traditionally grazed by sheep and rabbits, these areas are home to a wide array of wild flowers including several species of orchids, rare butterflies and farmland birds such as skylark, corn bunting and yellow hammer. In the Chilterns, many woodlands are carpeted during spring with bluebells and the magnificent bird of prey, the red kite. Is commonly seen.

The Ridgeway is one of 15 National Trails in the country. These long distance routes pass through the most stunning landscapes providing the best walking, and in some cases cycling and horse riding, opportunities in Britain.

Chalkhill blue

butterfly

Above Letrombe Bossett V

The Ridgeway NATIONAL TRAIL

The Ridgeway can be enjoyed on a short stroll; on a longer walk or ride around the many circular routes along the Trail; or on a hike of its full length, usually taking about six days.

Landscape: This middle section of The Ridgeway travels within two quite different Areas of Outstanding Natural Beauty (AONB) divided by the River Thames at the Goring Gap. West of here, it is a broad track along the edge of rolling downland within the North Wessex Downs AONB; a tranquil and ancient landscape with extensive views of the vale to the north and of gently undulating downland to the south. After descending to the Gap. The Ridgeway follows the river north for a few miles before striking east, along narrower paths, into the Chilterns AONB with its steep escarpment, rolling hills swathed in beechwoods and secluded valleys.

Prehistory: People were already settled here in the New Stone Age (Neolithic) about 6.000 years ago and have used the dry chalk ridge west of the River Thames for travelling ever since. During the Iron Age, the few hundred years before the Romans arrived in 43AD, they built hill-forts, such as Segsbury Camp, and most likely dug the Grim's Ditch which The Ridgeway follows from the river east to Noffield



Management and information: The Ridgeway is managed by a small team of stell, helped by many local volunteers, whose work is mostly funded by Natural England and the local highway authorities. For further information visit www.nationaltrail. co.uk/ridgeway or call 01865 810224. To report illegal vehicles using The Ridgeway call 0845 8505 505

For information about the North-Wessex Downs and the Chilterns visit www.northwessexdowns.org.uk and www.chilternsaonb.org

See other side for map of area

Wildlife: There are pockets of unimproved chalk grassland found along The Ridgeway, usually on steep scarp slopes, including the Devil's Punchbowl, the Holies and Lardon Chase, and Watlington Hill. Traditionally grazed by sheep and rabbits, these areas are home to a wide array of wild flowers including several species of orchids, rare butterflies and farmland birds such as skylark, corn bunting and yellow hammer. In the Chilterns, many woodlands are carpeted during spring with bluebells and the magnificent bird of prey, the red kite, is commonly seen.

Paul Lister

Chalkhill blue butterfly nd horse riding, in Britain.

> Above Letcombe Bassett

O los josti

length, usually taking about six days.

Landscape: This middle section of The Ridgeway travels within two quite different Areas of Outstanding Natural Beauty (AONB) divided by the River Thames at the Goring Gap. West of here, it is a broad track along the edge of rolling downland within the North Wessex Downs AONB; a tranquil and ancient landscape with extensive views of the vale to the north and of gently undulating downland to the south. After descending to the Gap, The Ridgeway follows the river north for a few miles before striking east, along narrower paths, into the Chilterns AONB with its steep escarpment, rolling hills swathed in beechwoods and secluded valleys.

Bluebell woods

the River Thames for travelling even since. During the Iron Age, the few hundred years before the Romans arrived in 43AD, they built hill-forts, as Segsbury Camp, and most likely d the Grim's Ditch which The Ridgewa follows from the river east to Nuffie

Grim's Ditch

> Management and information: The Ridgeway is managed by a small

Way NATIONAL I RAIL

joyed on a walk or ride ar routes nike of its full bout six days.

section of hin two quite anding Natural by the River Gap. West of along the edge thin the North B; a tranquil and n extensive views th and of gently to the south. After ap, The Ridgeway th for a few miles Prehistory: People were already settled here in the New Stone Age (Neolithic) about 6,000 years ago and have used the dry chalk ridge west of the River Thames for travelling ever since. During the Iron Age, the few hundred years before the Romans arrived in 43AD, they built hill-forts, such as Segsbury Camp, and most likely dug the Grim's Ditch which The Ridgeway follows from the river east to Nuffield.

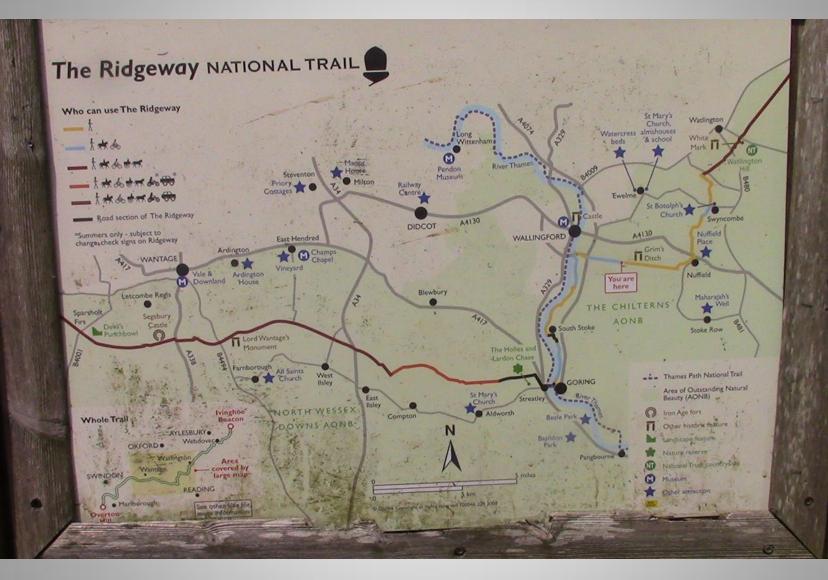
Grim's Ditch

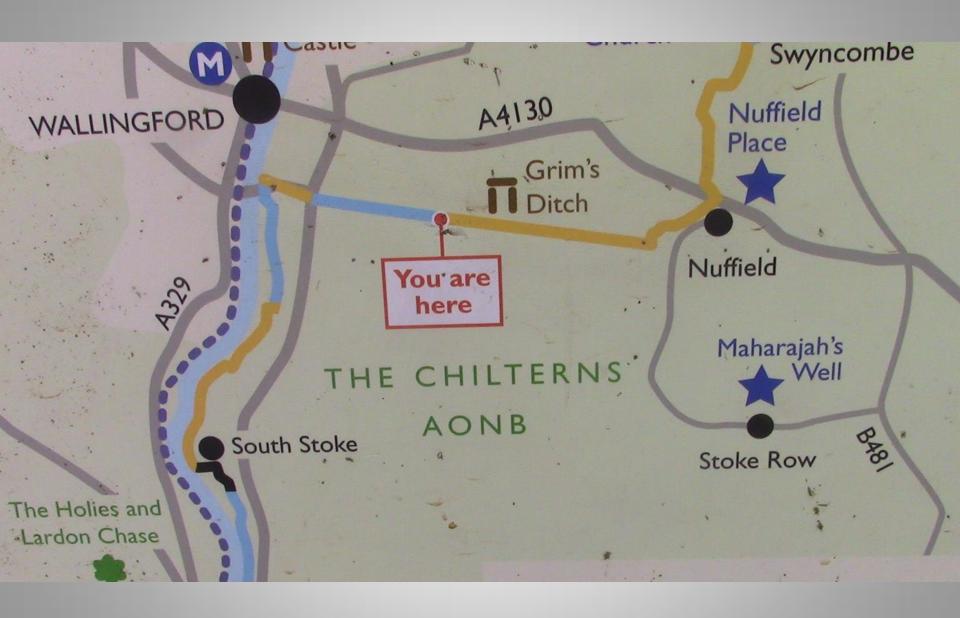


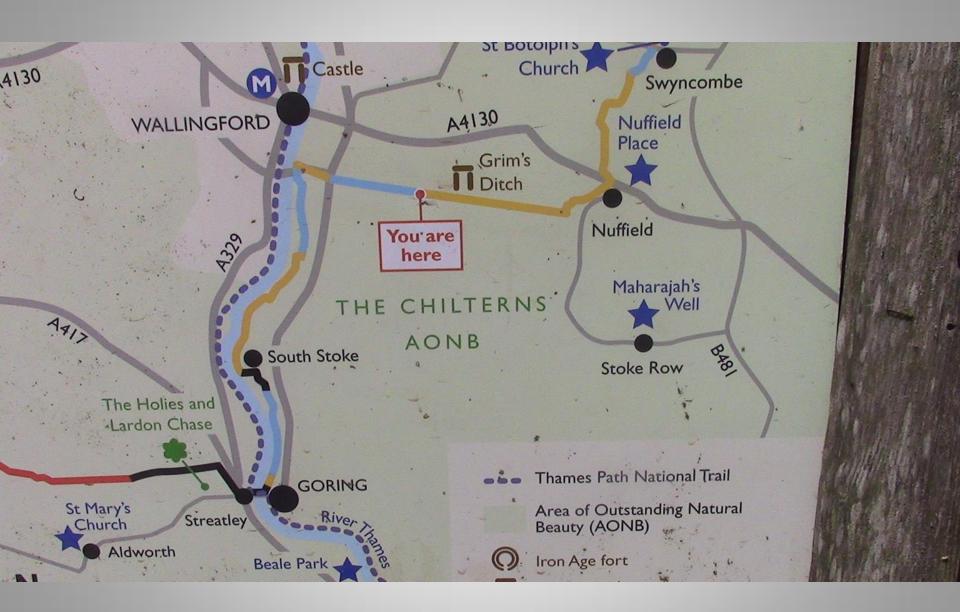


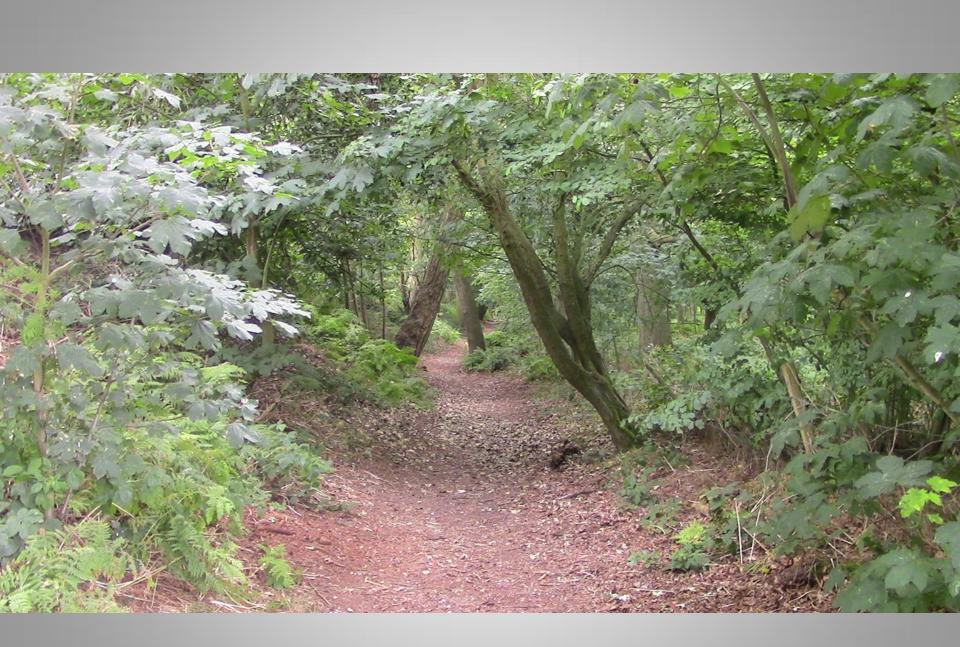
Management and information: The Ridgeway is managed by a small team of staff, helped by many local volunteers, whose work is mostly funded by Natural England and the local highway authorities. For further information visit www.nationaltrail. co.uk/ridgeway or call 01865 810224. To report illegal vehicles using The Ridgeway call 0845 8505 505

For information about the North Wessex Downs and the Chilterns visit www.northwessexdowns.org.uk





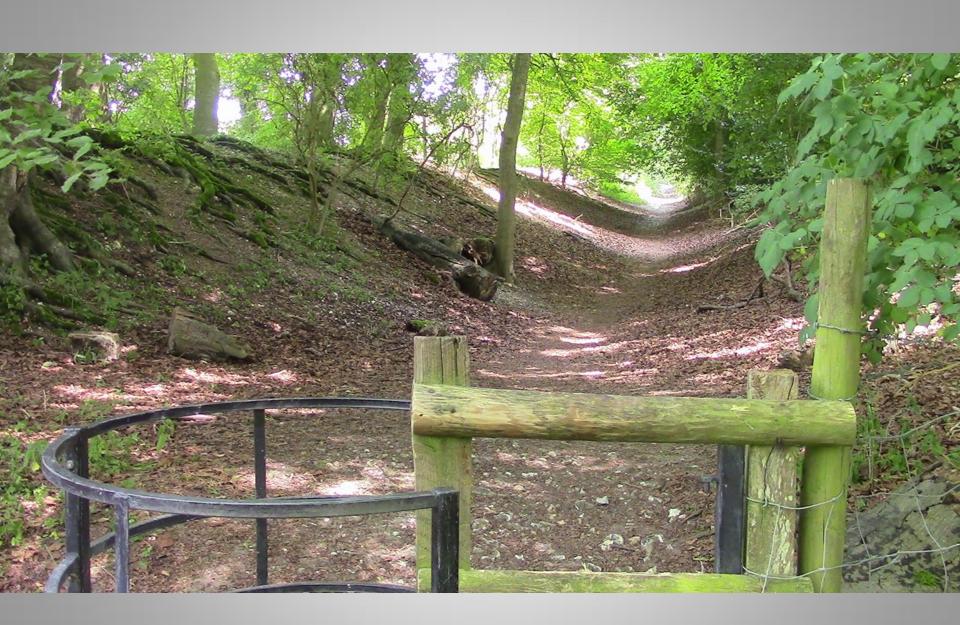


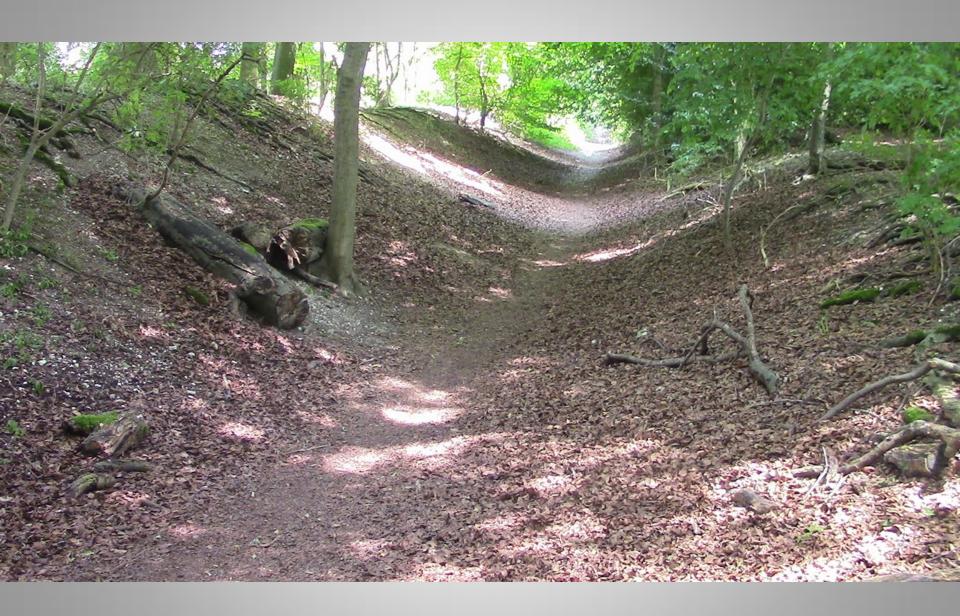






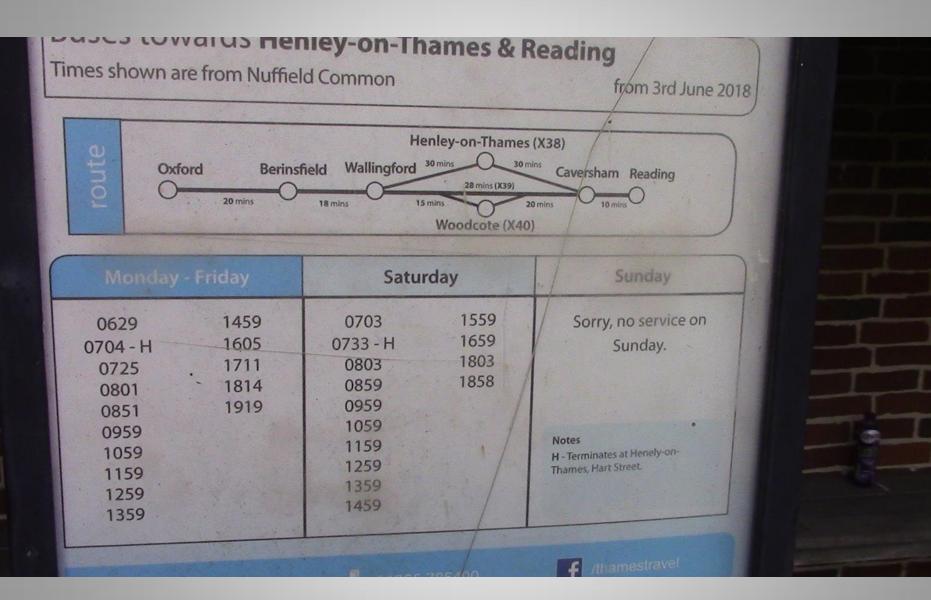












The Oldest Road 4

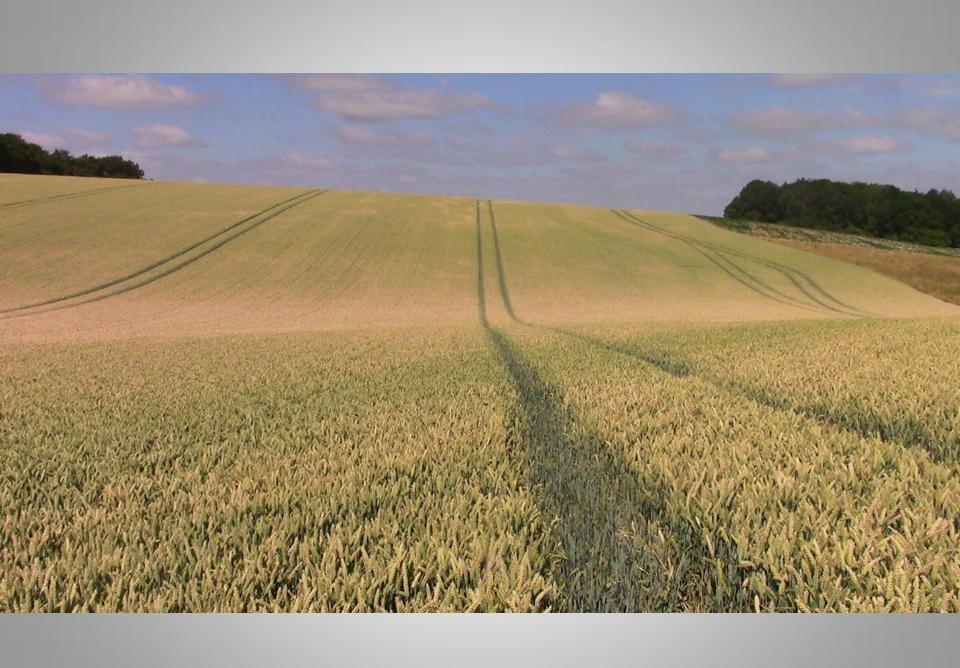
Nuffield to Lewknor













You are passing through a Red Tractor farm.

This farm produces food that carries the Red Tractor logo which can be found in your nearest supermarket.



Products bearing this logo are produced, processed and packed in the UK and have been independently inspected at every critical stage. Red Tractor standards cover everything from traceability and food safety to animal welfare and plant health. See the Red Tractor and know what you're eating! www.redt_tor.org.uk

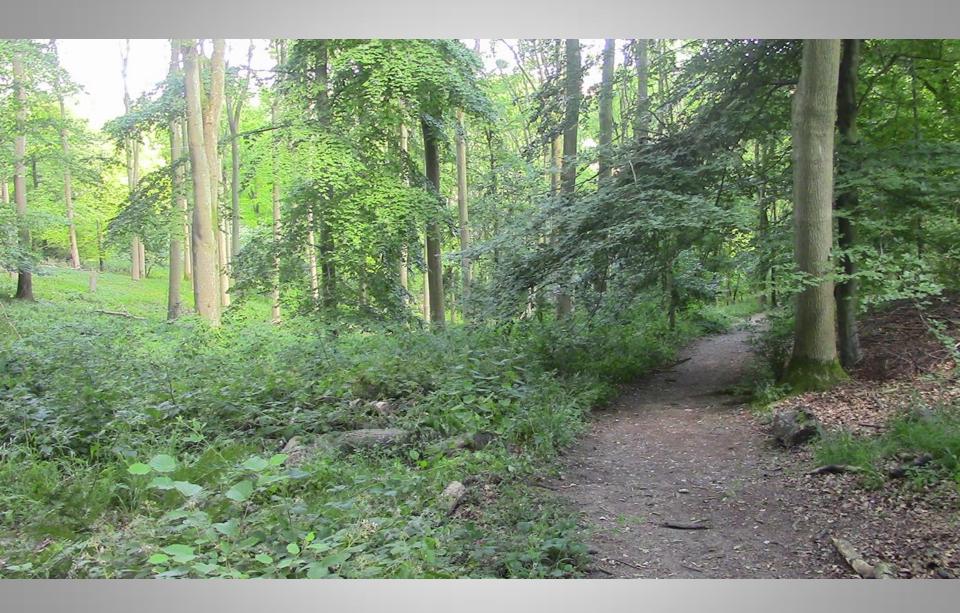






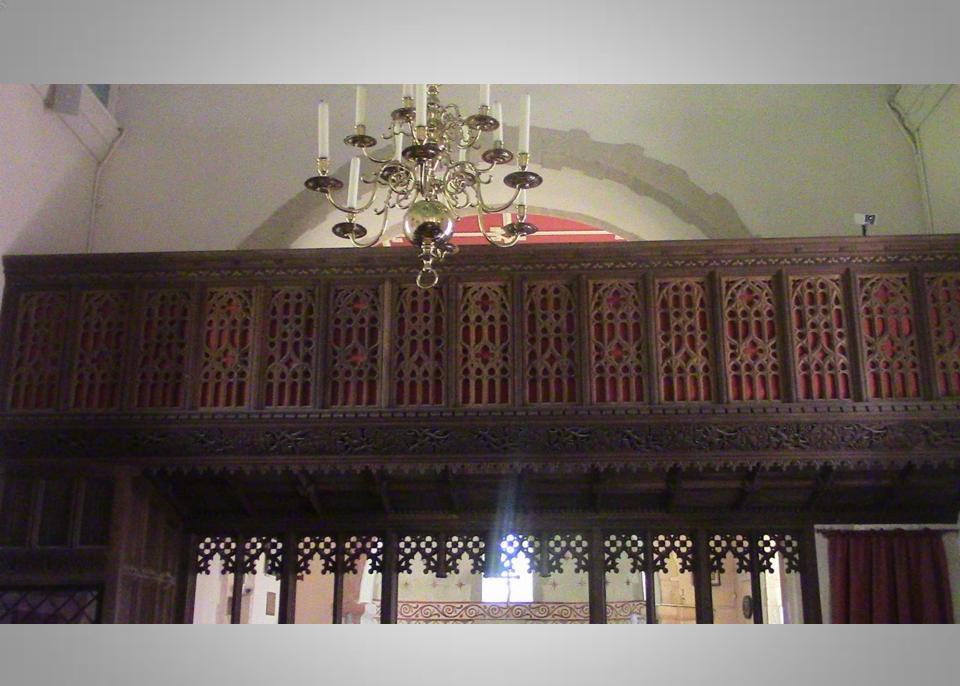


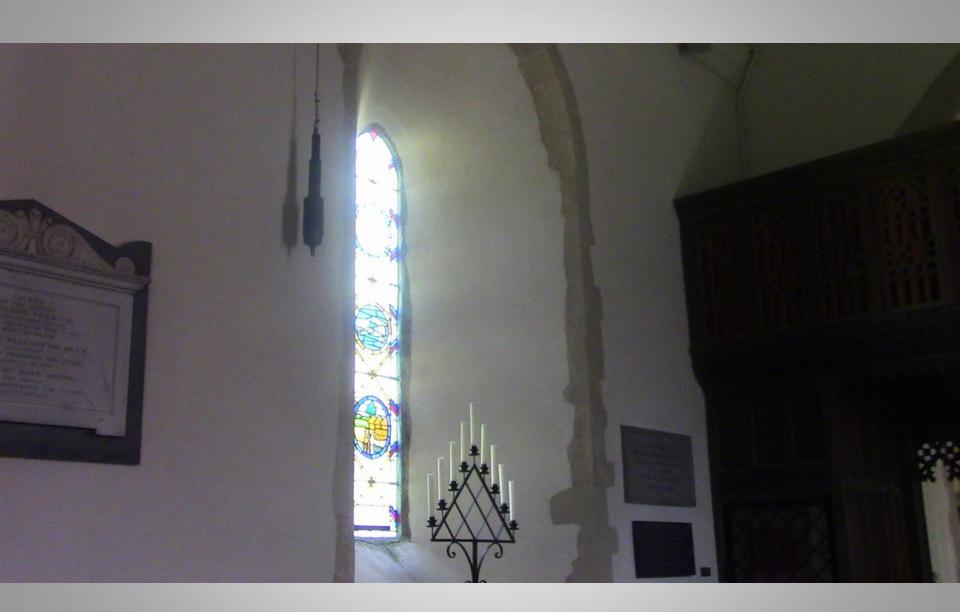


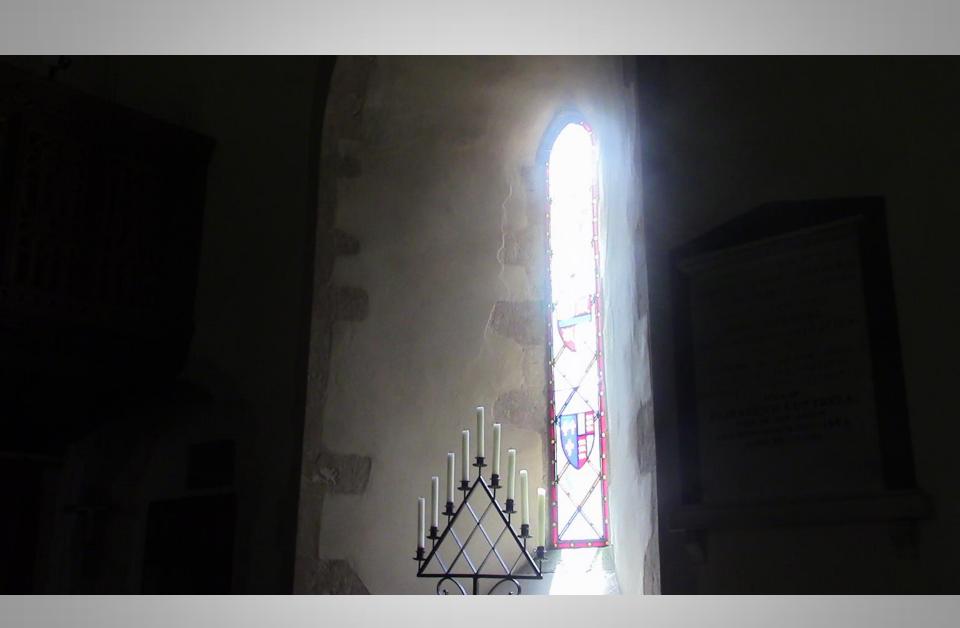


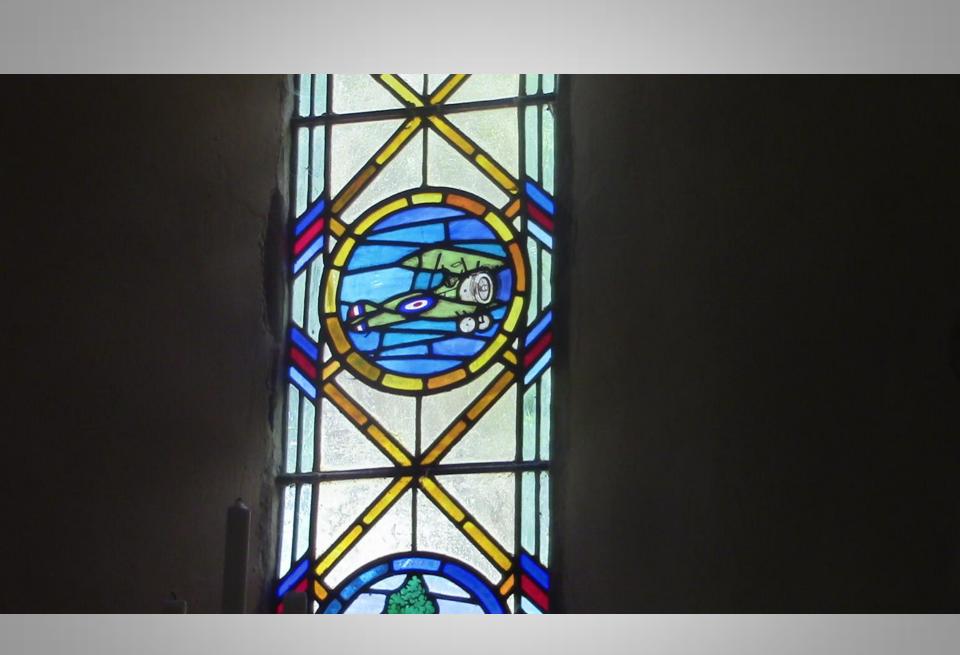


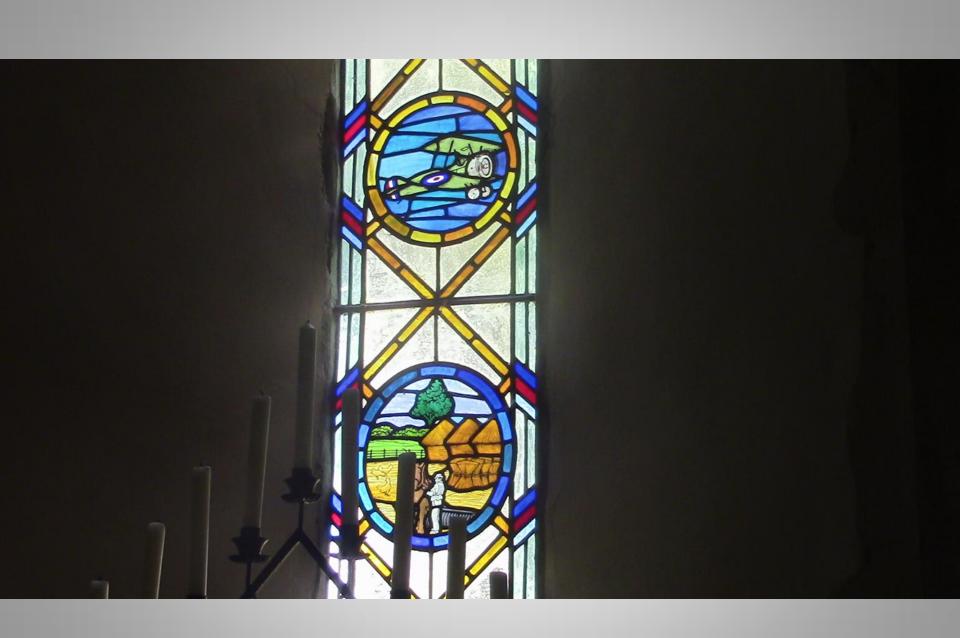












In memory of Alfred James Augustus Taylor 1876-1931 and his wife Lizzie Turgis 1876-1948. Given by their son Alfred Leonard Turgis Taylor



















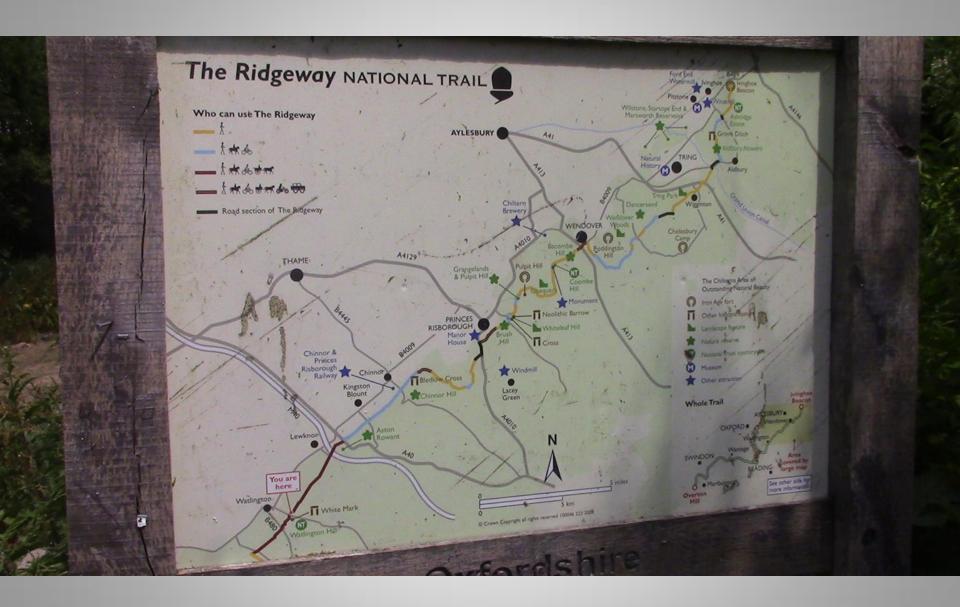
Vatlington Vhite 1ark NT Watlington Hill B480

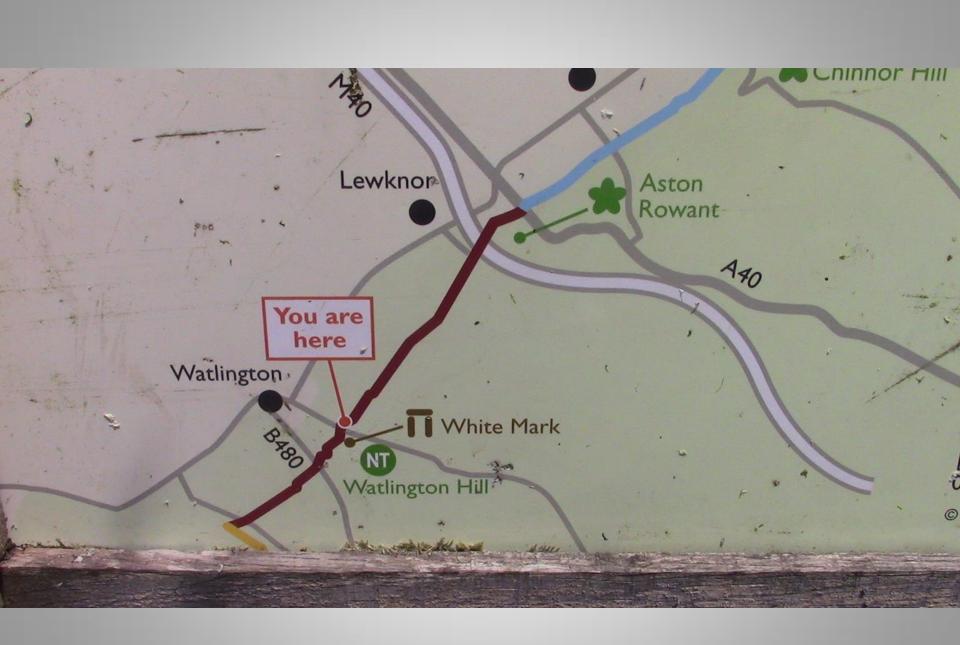




CHINY WATLINGTON 10KM 6.2. 1KM D. MILES RIDGEWAY Restricted Byway

NUFFIELD 7 2KM 4 SMILES



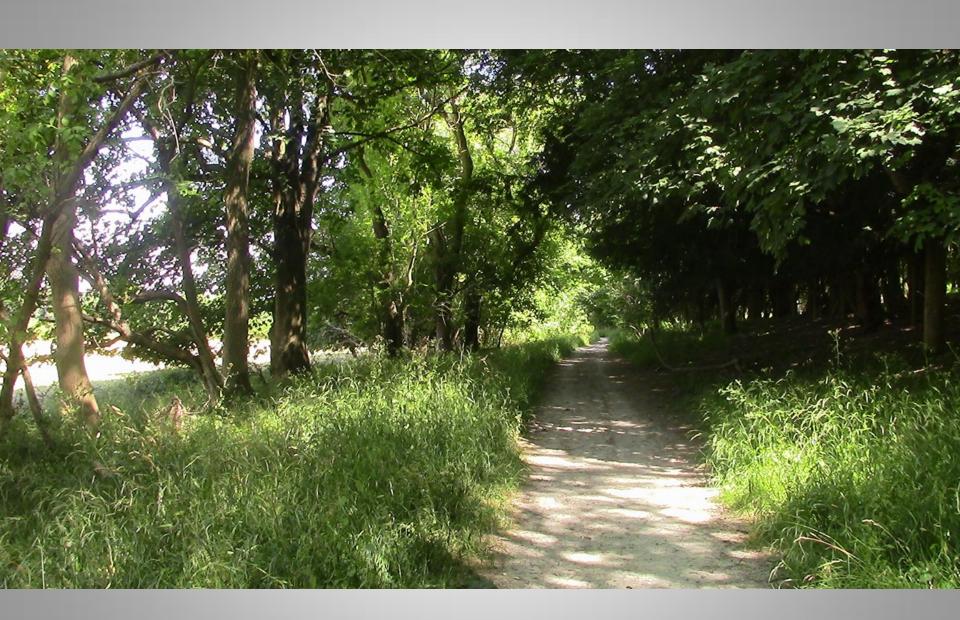


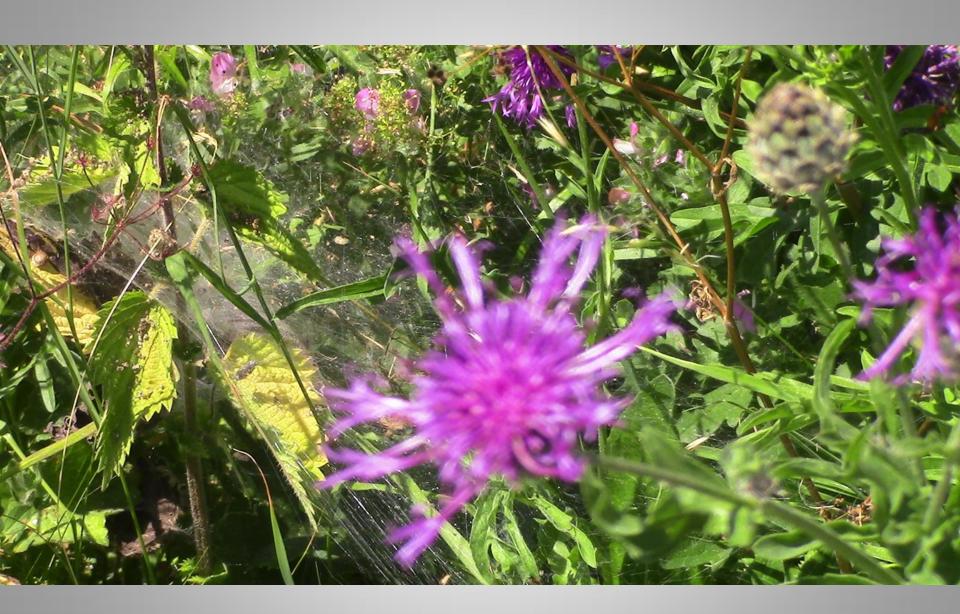










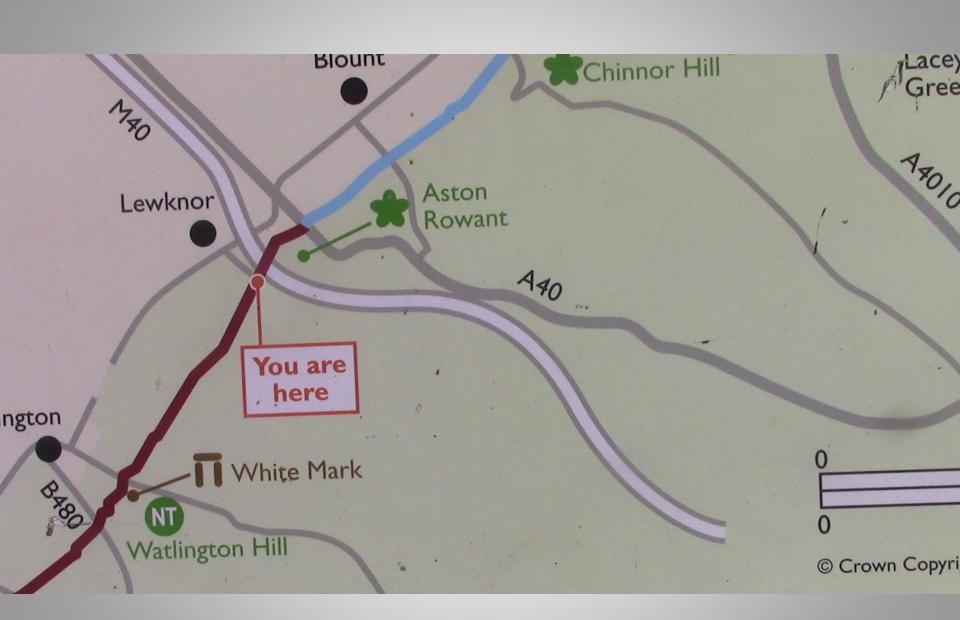












eries of orchids, rare butterflies and farmland birds such as skylark, corn bunting and yellow hammer. The magnificent bird of prey, the red kite reintroduced to this area in the late 1980s, is now commonly seen.



Prehistory: People were already settled here in the New Stone Age (Neolithic) about 6,000 years ago and one of their barrow burial sites still survives on Whiteleaf Hill. The hill-forts of lyinghoe Beacon where The Ridgeway ends, and those on Pulpit and Boddington Hills and at Cholesbury, were built more recently during the Iron Age, the few hundred years before the Romans arrived in 43AD. It's likely too, that the section of Grim's Ditch on Pitstone Hill was dug as a boundary between tribes during the same period.

oarrow on Nhiteleaf Hill



The Oldest Road 4

Lewknor to Princes Risborough



Enjoying the Chilterns around Lewknor

Welgome to Lewknor village -the gateway to the Chiltern Hills in Oxfordshire

A fiter refreshing voorseli in Lewknor, versuue cost anto the rolling crassetyside dotted with farms, receiping downland and methods in additional and the self of the self of the problem. To Spercelute the bourge age, why not also a wall of way which pain through the transpol fleetimoods and up often the hills for stammang views. Keep an eye out for soaring red kins overhead.



ijoving open atcess in this are

There are several areas of open access land as on the map and on sites with the access land. These are areas that you can explore without h

What you can do on access lat

Most receptional activities that site carried out on foot, such as walking of eaching, build-wasching, climbing and running.

What you carri do on access land.

Campong, cycolog, house, riding, bang/para gliding, using instal detectors, mount sports and this draving of any vehicle other than a mobility second of balance.

Davis un provenda

Days MLST be kept on a 2m for local head between 1st March and 31s hely in participation of vesting busik.

Dage ML ST be know on a 2m lor lend AT ALL TUMES when livestock many preserv. Reinterther that a dog attacking or the atoming levelock may saveled be shot

Features of interes

The Lostherne Bottle PH. Lewkmar

St Margarets Church. Lewknor Gode Uksed church with

The Lambert Arms Hotel

The Ridgeway National Trail Just half a mile from Lewkoor

volume ties the to ever folgers by transcent livel www.mationaltrail.co.uk

Auton Roscart National hallony Roserve Wandes theely around this bence

described based wordshield and corpored worred a definition for accessor www.nationalengland.org.uk

Cowlease Woods and Sculpture Trail

Lorenzy Commission woods set high in the Chaltern Hills-

Shirburn Hill Tranquil chalk deservised size to Watlington

Local No A40. Rowant M40 South 0 The Ridgewa Lewknor B4009 You are here 0 Shirburn

100





Site of Neolithic barrow on Whiteleaf Hill

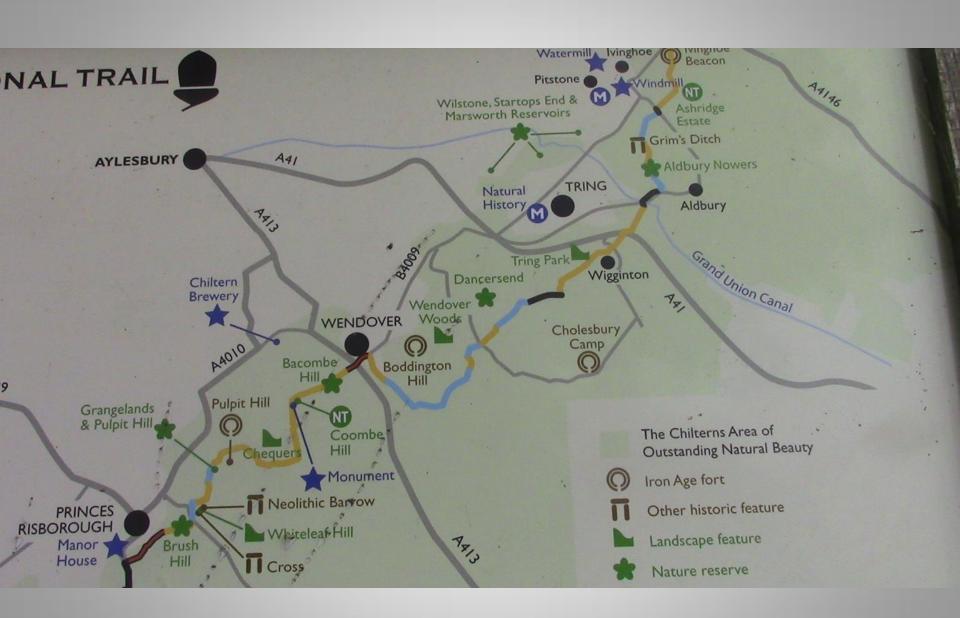
eway NATIONAL TRAIL

ijoyed on r walk / circular · on a hike taking

The erns Beauty olling hills secluded erlying ominant Prehistory: People were already settled here in the New Stone Age (Neolithic) about 6,000 years ago and one of their barrow burial sites still survives on Whiteleaf Hill. The hill-forts of lvinghoe Beacon where The Ridgeway ends, and those on Pulpit and Boddington Hills and at Cholesbury, were built more recently during the Iron Age, the few hundred years before the Romans arrived in 43AD. It's likely too, that the section of Grim's Ditch on Pitstone Hill was dug as a boundary between tribes during the same period.

Site of Neolithic









Welcome to Aston Rowant National Nature Reserve

The Reserve is situated on the chalk escarpment of the Chilterns, with commanding views of the low lying clay vales. The site is of national importance for its chalk downland, beech woodland, and their associated plants and animals.

The downland includes many species characteristic of the Chilterns including Chiltern gentian, wild can stuff and chalkhill blue butterfly. The site is also noted for its large number of juniper bushes.



The Reserve is one of the best places to view red kites, which were re-introduced to the Chilterns in the early 19905.

The site also has many features of archaeological and historical interest including spectacular sunken trackways and flint pits.

The National Nature Reserve is managed by Natural England for everyone to enjoy. You are free to walk anywhere on the site and there are several waymarked paths.

We hope that you enjoy your visit.

Walks Information

North

here a reacher of waymarkild assess process on exercise. Data to take to the main variagements and farmers of instance. Data to the multiple before take in reverse to the routh of the Main Determinant them the Coversite car park on the south offer of the instances.

Beacon Hill walk - allow shour skm circular walk

introductry scenes verys in places, decay wolk up hill, scenario execution areas concrete of moments downland places and burnerhies.

Cherry Tree walk - allow so minutes

thoughy same, dry parts with slight but long indires satures of inserest downland planes and unterflies, planeranding views, beech woodland.

Sunken Way walk - allow yo mins

Officulty steep viege in places, steep walk up hill, observice dely. Teatures of interest, success trackway, downland plants an

Natural England and National Nature Reserves

National Angland is Note to concerner and immunications and insurprises of her maintained values, this anothering and encouptered of question and the economic processing that is thereas. There are note that are already hereas thereas and size indication size of silling values to more ready the function thereas and size welcomes size of silling values of the more ready from the thereas the size welcomes size of silling values.

This site has been notified as a Site of Special Scientific Inserts inder Section 38 of the Wildlife and Countrylide Act split.

It is an otherce, without reasonable enclose, internacially or recommity to destroy or damage any of the fixes, found, or geningpust or streamgenetic features by reason of which the land a religence mereor, or emereorally or enclosely to distuic way of these faunce.

A person found guiny of any such offence may be preserved and table to 3 fine not exceeding (adjoon).

chuttern gent



1km

National Nature Reserve

The Reserve is situated on the chalk escarpment of the Chilter with commanding views of the low lying clay vales. The site is of national importance for its chalk downland, beech woodland, and their associated plants and animals.

The downland includes many species characteristic of the Chilterns including Chiltern gentian, wild candytuft and chalkhill blue butterfly. The site is also noted for its large number of juniper bushes.

Chalkhill blue butterfly

The Reserve is one of the best places to view red kites, which were re-introduced to the

escarpment of the Chilterns, lying clay vales. The site is wnland, beech ind animals.

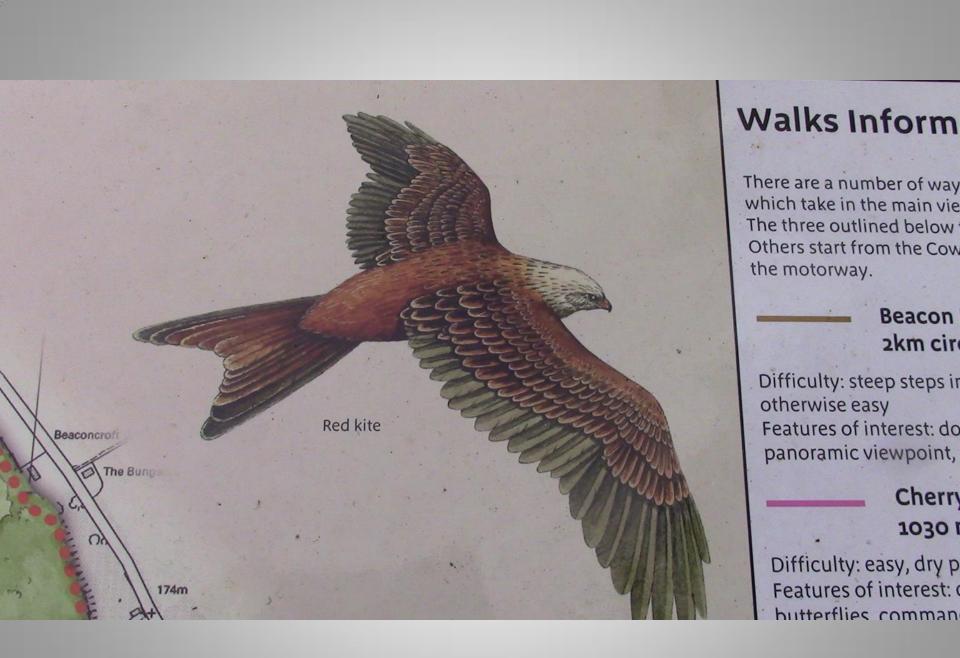
c of the Chilterns including butterfly. The site is also

places to view uced to the

of archaeological spectacular

atural England ordericketground where on S.

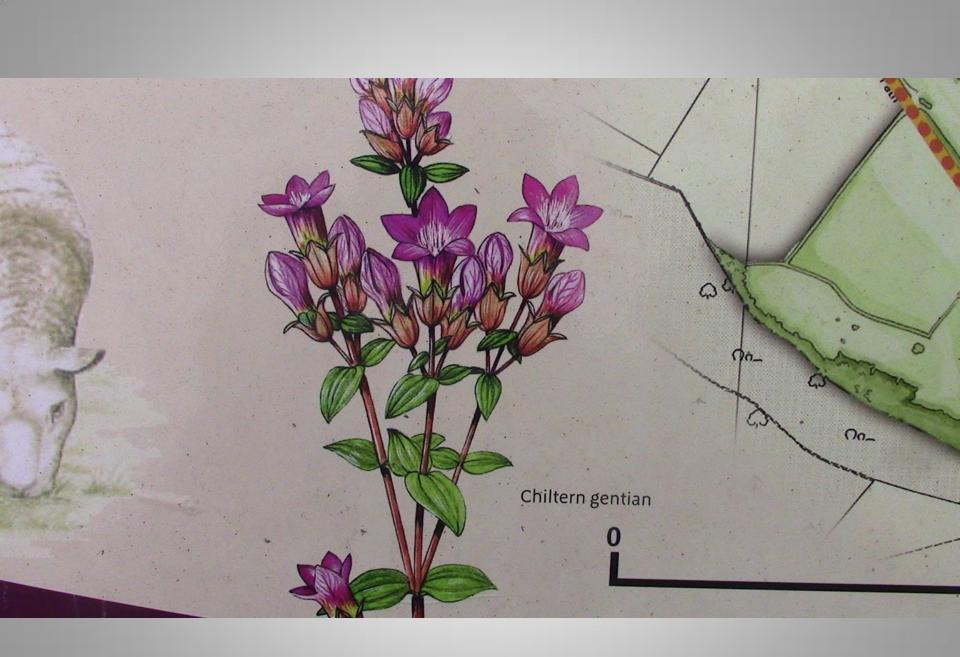




noted for its large number of juniper bu

Chalkhill blue butterfly The Reserve is one red kites, which w Chilterns in the ea

The site also has and historical int sunken trackway



Welcome to Aston Rowant National Nature Reserve

T he Reserve is situated on the chalk escarpment of the Chilterns, with commanding views of the low lying clay vales. The site is of national importance for its chalk downland, beech woodland, and their associated plants and animals.

The downland includes many species characteristic of the Chilterns including. Chiltern gentian, who cataly foll and chalkhill blue butterfly. The site is also noted for its large nighber of jumper bushes.

The Reserve is one of the best places to view red kites, which were re-introduced to the Chilterns in the early 1990s.

The site also has many features of archaeological and historical interest including spectacular sunken trackways and flint pits.

The National Nature Reserve is managed by Natural England for everyone to enjoy. You are free to walk anywhere on the site and there are several waymarked paths.

We hope that you enjoy your visit.

Walks Information

horth

Key

P

140

These are a relative of people and the analysis of the Manison angula value in the appendix exception is a similar to the interval in these manifolds before the in the similar to the section of the similar to the section of the constraints of path of the cluster of the similar to the similar the constraints of path of the solution of the similar to the similar to the constraints of path of the solution of the similar to the similar to the constraints of path of the solution of the similar similar to the similar to the similar to the solution of the similar similar to the similar to the similar to the similar to the similar similar to the similar similar similar similar to the similar to the similar to the similar similar similar similar to the similar simi

Beaution Mill watch - schwe phone dam scheduler welch officially obey ensue or discus, temp work on hit scheduler of the scheduler provider and to the film.

Overry Tree wate - allow on minipate wate matters - auch way which are the set on any first set one

Sprikes way wells - allow pe mine 1.5/200 each way officially elemented in parase, compression of http:

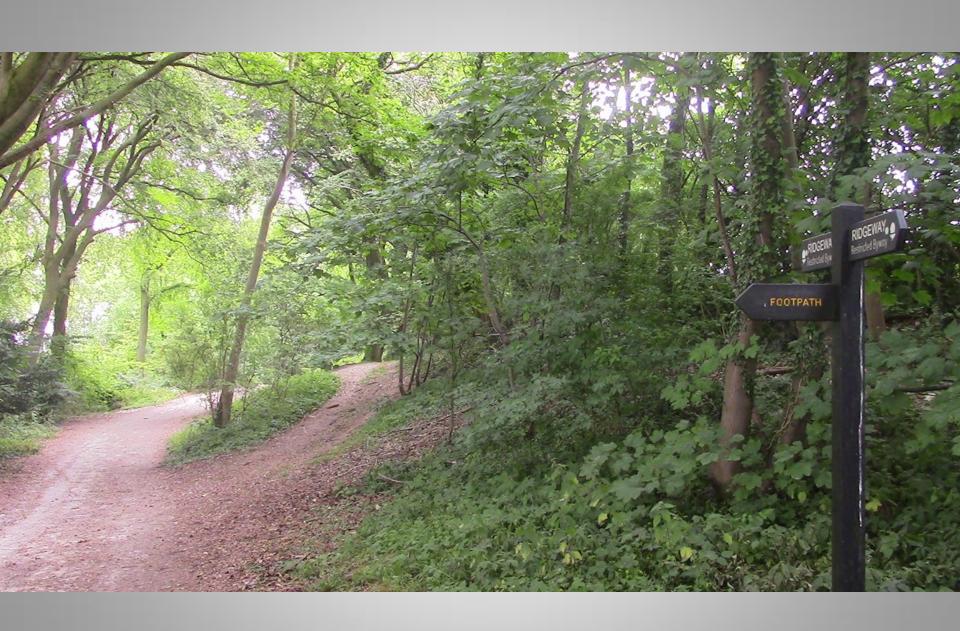
manual Property condition

Tercord Tegical and Vatimal Nature Search
Tercord Tegical Sector Search and particular terms and sector sector sector
Tercord
Te

to 3 first lay exceeding Longents.

www.paturalondland ard







CHINE OR 4.2KM 2.6MILES

S # 82

RIDGEWAY BRIDLEWAY ICKNIELD WAY WATLINGTON B 480 5.8KM 3.6MILES

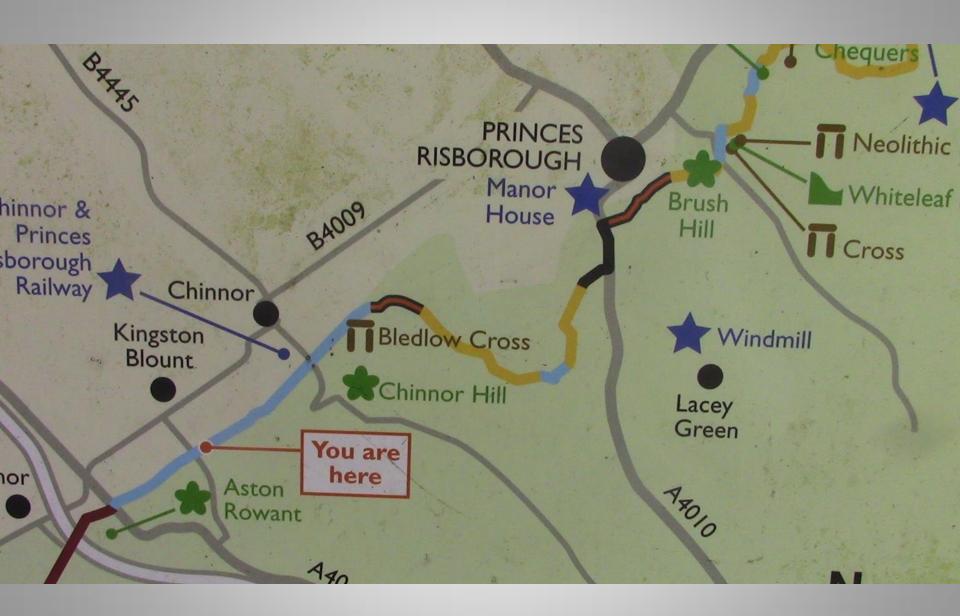
RIDGEWAY Restricted Byway

















RIDGEWAY BRIDLEWAY

Rest



(In Memory of Richard and Maisie Fitter)

YOU ARE HERE

Buckinghamshire Oxfordshire

Welcome to Oakley Hill nature reserve, a remnant of precious chalk downland and beech woodland adjoining quarry workings along the Ridgeway.

Open areas of chalk downland such as this have largely been lost due to neglect or modern development, but scrub clearing and grazing by livestock is maintaining and increasing the grassland here. The hillside is studded with chalkland flowers including common spotted-orchid, common rock-rose, wild thyme, chalkhill eyebright, clustered bellflower, the delicate harebell and the scarce Chiltern gentian. In summer marbled white, comma and grizzled skipper are among the many butterflies that are seen flying here. Welcome to Oakley Hill nature reserve, a remnant of precious chalk downland and beech woodland adjoining quarry workings along the Ridgeway.

Open areas of chalk downland such as this have largely been lost due to neglect or modern development, but scrub clearing and grazing by livestock is maintaining and increasing the grassland here. The hillside is studded with chalkland flowers including common spotted-orchid, common rock-rose, wild thyme, chalkhill eyebright, clustered bellflower, the delicate harebell and the scarce Chiltern gentian. In summer marbled white, comma and grizzled skipper are among the many butterflies that are seen flying here.

entian. In summer

Marbled white

YOU ARE HERE

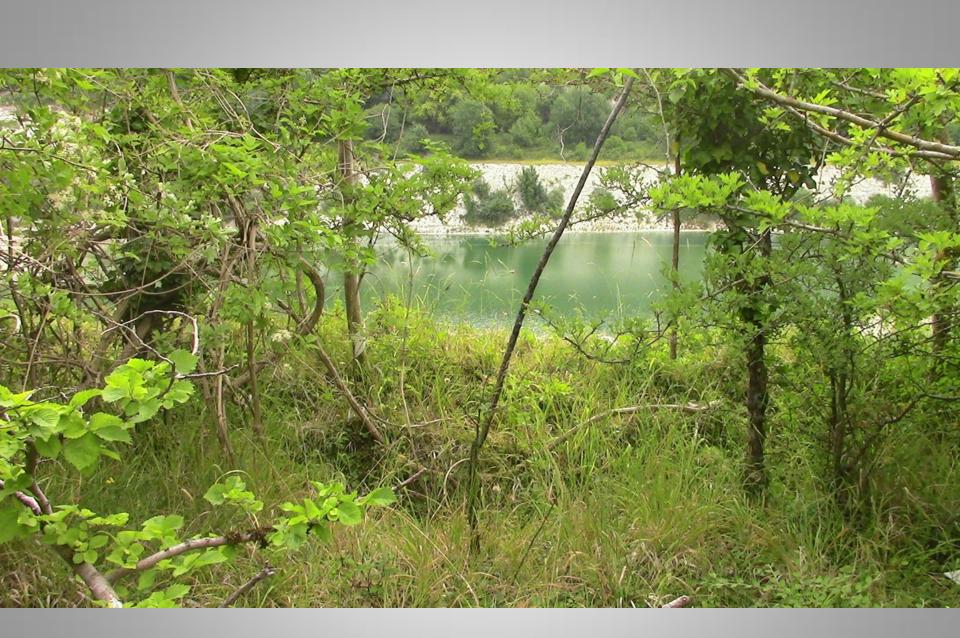


Chiltern gentian

Write to Berks, Bucks and Oxon Wildlife Trust (BBOWT) The Lodge, 1 Asmstrong Road, Littlemore, Oxford OX4 4XT

Registered Charity No. 204330





RIDGEWAY BRIDLEWAY TOKNIELD WAY

PRINCES RISBOROUGH 7.7KM 4.8MILES RIDGEWAY BRIDLEWAY ICKNIELD WAY

WATLINGTON B 480 10KM 6-2MILES



Red kites, once common in Britain, were exterminated by man at the end of the last century. A small population held on in central Wales, but there seemed no likelihood of these birds repopulating their original area. In 1989 kites were brought from Spain and released into the wild. These birds bred for the first time in 1992 and within five years fifty pairs were nesting. English Nature and the Royal Society for the Protection of Birds continue to support the project.

. NATURE

uniterns

Watch the red kites gliding along the hillsides on the updraft and you will realise what magnificient birds they are and what a pleasure it is to have them back.

The Chilterns scenery, a mixture of chalk grassland, scrub and woodland provides habitats for many hundreds of different plants and animals. A single square metre of chalk turf may contain between thirty and forty separate plant species. In the sunshine butterflies are everywhere and in the woods, badgers are common, foxes and weasels hunt field mice in the grass while, gliding over the hills, you may see buzzards.

s in the

mar and ha wonderfu Birds of prey that can be seen in the Chilterns include the familiar kestrel, hanging on the wind to the fast flying sparrowhawk hunting the hedg is. The buzzard has returned from the west country and can now be seen high in the air, circling with the kites.

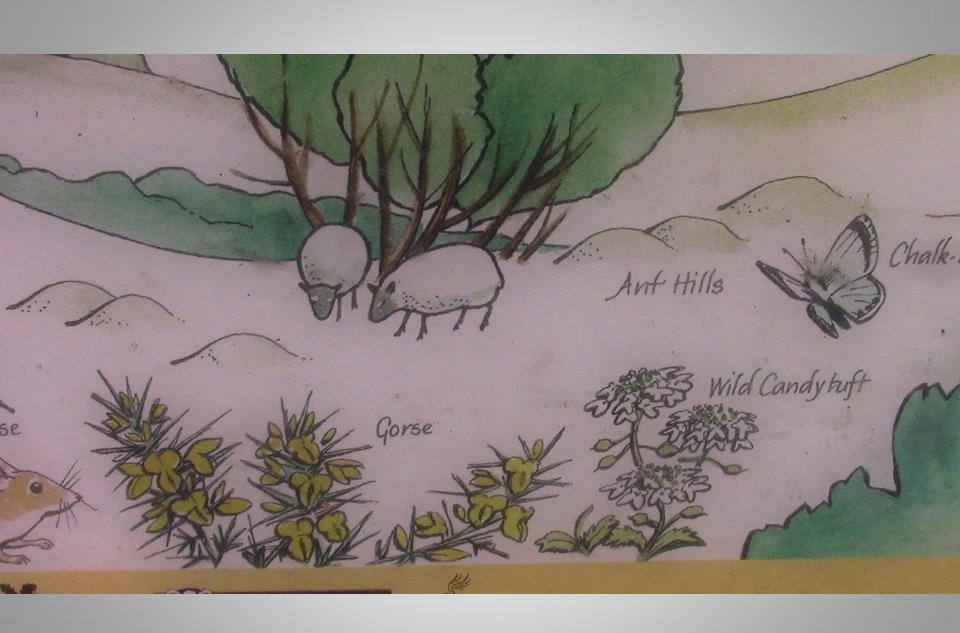
Birds of prey are part of the diversity of nature, they have lived in a natural balance with their prey for thousands of years, it is only man who upsets this. Luckily all birds of prey are now protected by law and have returned from the brink to take their rightful place in our wonderfully diverse countryside.

12















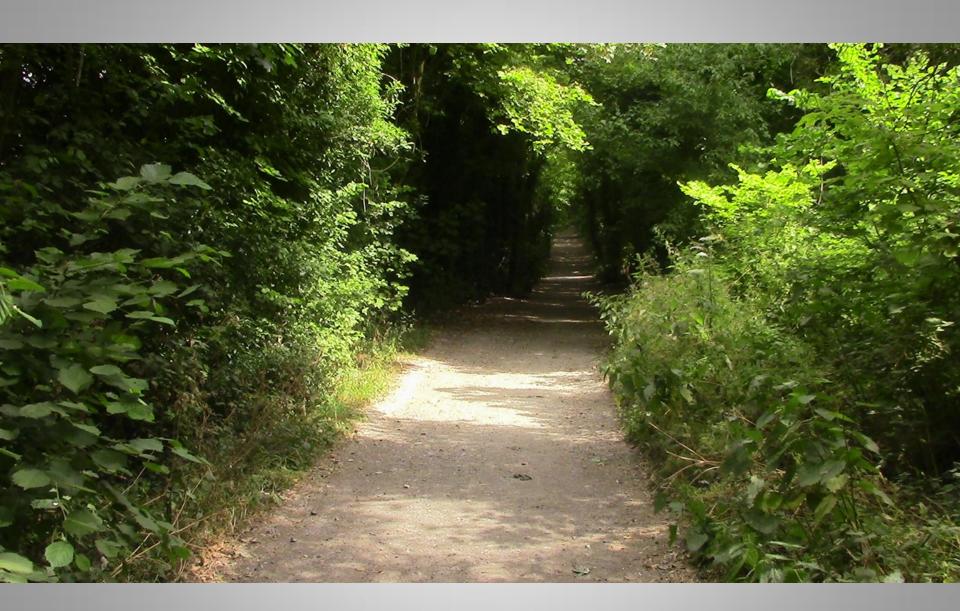
DEDICATED TO THE MEMORY OF



CHRIS COULING

26.7.1959 - 6.6.2006

LOVED BY US ALL



Please help us to protect our Ash Trees from Chalara Fraxinea (Ash Dieback) by not entering this wood and

Thank you for your support



Non Estates









ease Respect Nature

We have created lots of wildlife-only areas on this farm: v pathways but please keep to them and do not disturb our conservation areas.

Funded by The Chi

terns Conserv

Woodlands, meadows and field edges are home to manual plants and animals. If you are here with your dog we ask that you keep it under the control at all times. Wildlife thrives much better if undisturbed,

Thank you

Wildlife-Only Area Please Keep Out Thank you he pe

produced by Linking Environment And Farming www.leafuk.org

himal Welfare

e take pride in our liv

-fed, cared-for an stay healthy but illnesse sometimes occur.

Our animals are checked as making sure they have look closely for telitale's to wildlife - birds, insects and mammals can feed, hide or nest here.

eat pests.

We look after the edges. We can plant them with tufted grasses (which are excellent habitat for wild nowers (to feed butterflies, other insects and birdt).

produced by Linking Environment And Farming www.leafuk.org

Funded by The Chilterns Conservation Board www.chilternsaonb.org

An Area of Outstanding Natural Beauty

Cows a content Howeve unpredic They can they are can make

If y wa. should be not take do

Thank

Cows in fields and your safety

the Me maintie and the second state of the second state of the

Cows are usually docile animals who are quite content when grazing on grass in open fields. However, like most farm animals, they can be unpredictable and should be treated with respect. They can be particularly nervous of people when they are with their young calves. Occasionally, this can make them protective or even aggressive.

If y want to walk on a permitted footpath in fields where there are cows and calves, then care should be taken. Give them a wide berth. Do not come between the older and younger animals. Do not take dogs into the field, even if on a lead.

Area of Outstanding Natural Beaut

reduced by kinking Environment And Farming

Funded by The Chilterns Conservation Board vwww.chilternsaonb.org

www.leatuk.org

Thank you

nd

nimal Welfare

ted

We take pride in our livestock.

A well-fed, cared-for animal is more likely to stay healthy but illnesses and injuries do sometimes occur.

Our animals are checked regularly and as well as making sure they have food and water we

unter by MARTE It Care adde . Marting to

look closely for telltale signs that an animal is not feeling well. If there's a problem we notice it early.

We have the skills to be able to treat most problems ourselves. If we need specialist help then we call in our local vet.

> produced by Linking Environment And Farming www.leafuk.org

Funded by The Chiltern's Conservation Board, www.chilternsaonb.org









RIDGEWAY

PRINCES AISBOROUGH 4-5KM 2-8MILES



These fields are now being brought back into agricultural management after a long absence of livestock. The fields which are rich in native wildflowers will benefit from grazing. We will manage them in a way to enhance this natural chalk grassland that was once common in this area. A circular path is provided for visitors to enjoy this area of the farm.

This part of Lodge Hill is being managed for the benefit of flowering plants and butterflies. It is a site of special scientific interest (SSSI) and requires some scrub clearance and grazing to reverse its declining state. This area is an open access area of the farm and the entry points are indicated.

Please note that dogs should be on leads from March to July (wildlife breeding season) and when livestock are grazing (notices at the entry points will be posted) This part of Lodge Hill is a site of special scientific interest (SSSI) and has interesting woodland with lots of different native trees. This woodland will be thinned and managed to helpin this important v



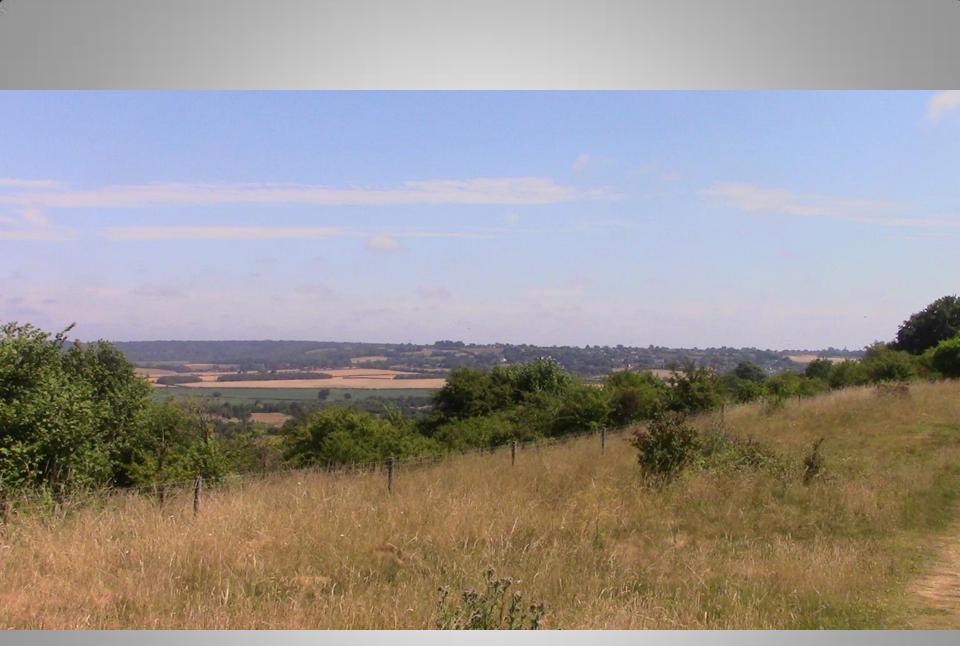












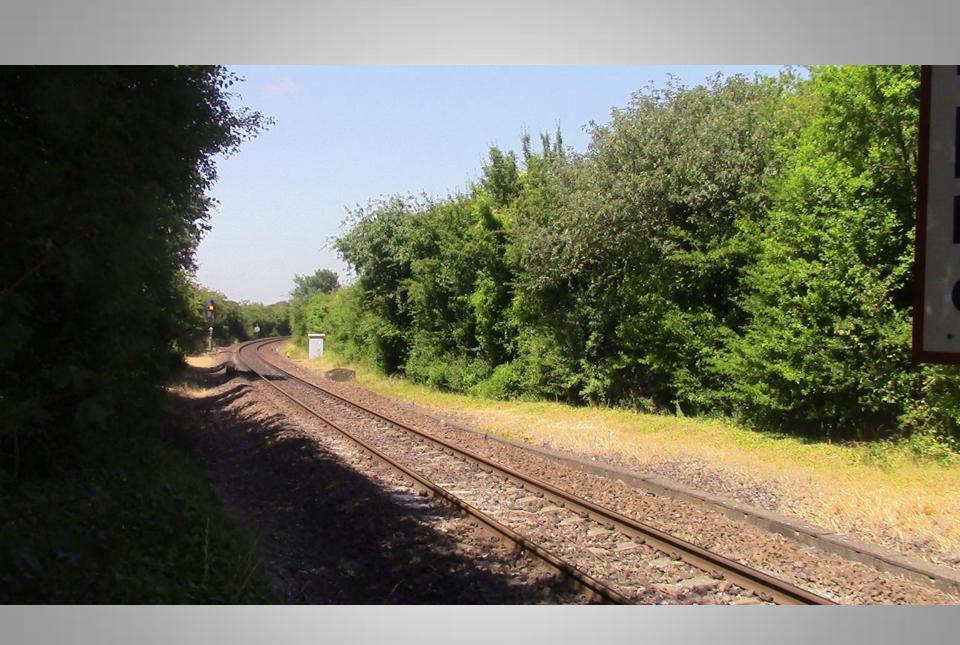


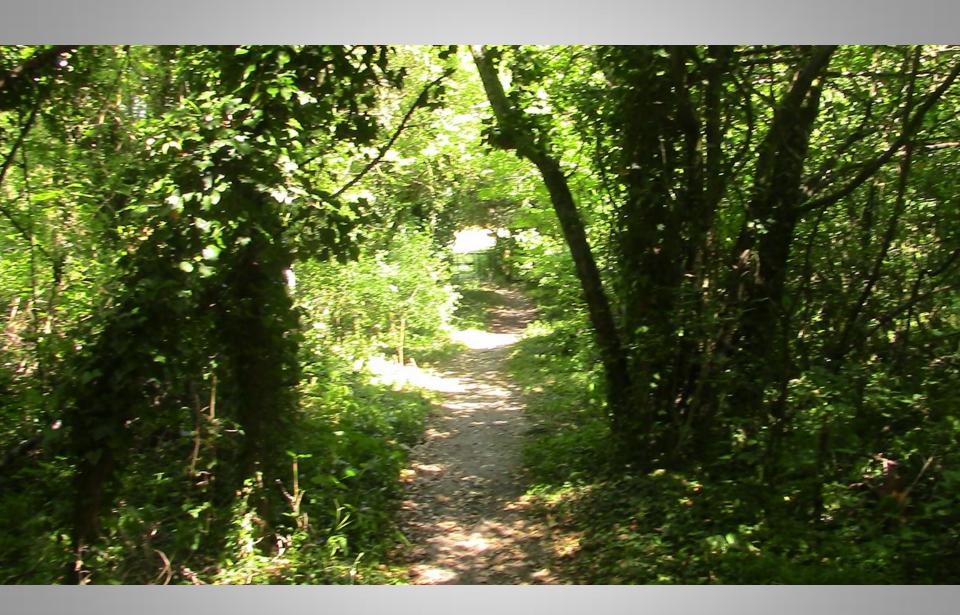




Beware Flying Golf Balls

Sto Look Listen Beware of trains







Faster than fairies, faster than witches, Bridges and houses, hedges and ditches; And charging along like troops in a battle All through the meadows the horses and cattle: All of the sights of the hill and the plain Fly as thick as driving rain; And ever again, in the wink of an eye, Painted stations whistle by.

Here is a child who clambers and scrambles, All by himself and gathering brambles; Here is a tramp who stands and gazes; And here is the green for stringing the daisies I Here is a cart runaway in the road Lumping along with man and load; Each a glimpse and gone forever I

ert Louis Stevenson







Churches Near the Ridgeway

COUNTRY CHURCHES NEAR THE RIDGEWAY



COUNTRY CHURCHES NEAR THE RIDGEWAY

Avebury

Compton Beauchamp

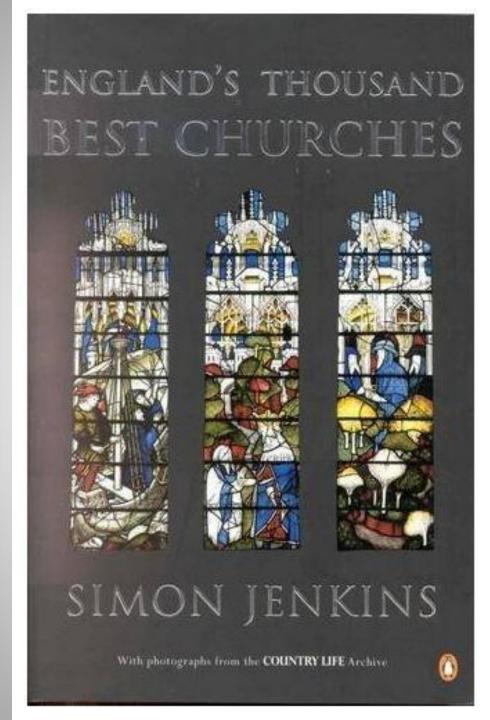
Uffington

South Stoke

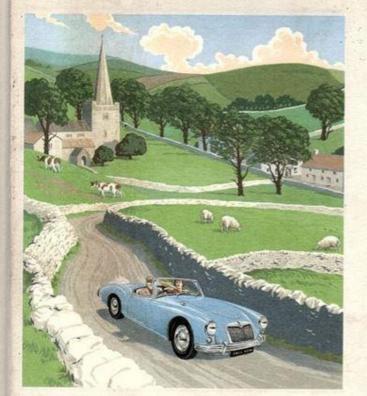
North Stoke

Sparsholt

Ivinghoe



GEOFFREY GRIGSON



THE SHELL COUNTRY ALPHABET

From Apple Trees to Stone Circles, How to Understand the British Countryside With a Foreword by Sophie Grigson

xvi

CLASSIFIED INDEX

- Ironstones Kentish rag Ketton stone Limestones Long houses Masons' marks Merchants' marks
- Moorstone Ovens Pargetting Portland stone Purbeck marble Rustication Sarsen stones

Slate Stone roofs Stucco Thatch Weldon stone Windows and window tax

CASTLES AND FORTS (see also EARTHWORKS)

Arrow-slits and gunports	Gatehouses	To
Bawns	Martello towers	To
Castles	Motte-and-bailey	Tu
'Garderobe'	Newel stairs	

Tomen Tower houses Tudor coastal forts

CHURCHES AND CHAPELS (see also MONASTERIES AND CATHEDRALS)

Alabaster Flying buttresses Font covers Altars Anglo-Saxon churches Fonts Frosterley marble Apse Gargoyles Aumbry Grisaille Bench-ends and benches Hammer-beam Bosses Box pews Hermitages Holy wells Chancel Keeils Chantry chapels Chapels Lady chapels Lecterns Choir Church houses Litany desks Church towers Llan-Low side windows Churchyard Lychgates Clerestory Masons' marks Communion rails Mediaeval tiles Consecration crosses Corbels Minsters Misericords Cressets Nave Crossing Crypts Organs Dissenting chapels Orientation Ossuaries Easter sepulchres

Parclose Parish churches Piscina Pulpit Purbeck marble Reredos Rood Rood lofts and screens Royal Arms St Michael's churches Sedilia Squint Stained glass Stoups -stow Sundials Ten Commandments Tracery Triforium Tympanum Vaulting Vestry Weathercocks West galleries

CLASSIFIED INDEX

CHURCH AND CHURCHYARD MEMORIALS

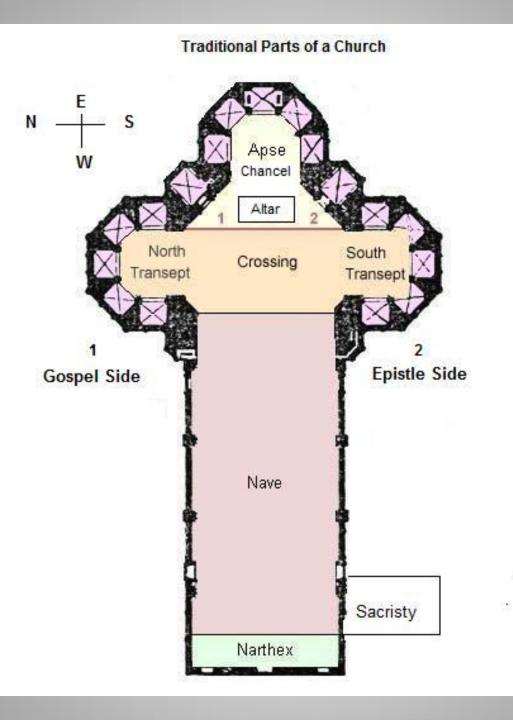
Black-and-white tablets Brasses Cadaver Cartouche tablet Chest-tomb Chrisoms Cross-legged knights Death's-head Epitaphs Gravestones Hatchments Heart burial Ledgers Rebus Touch Weepers

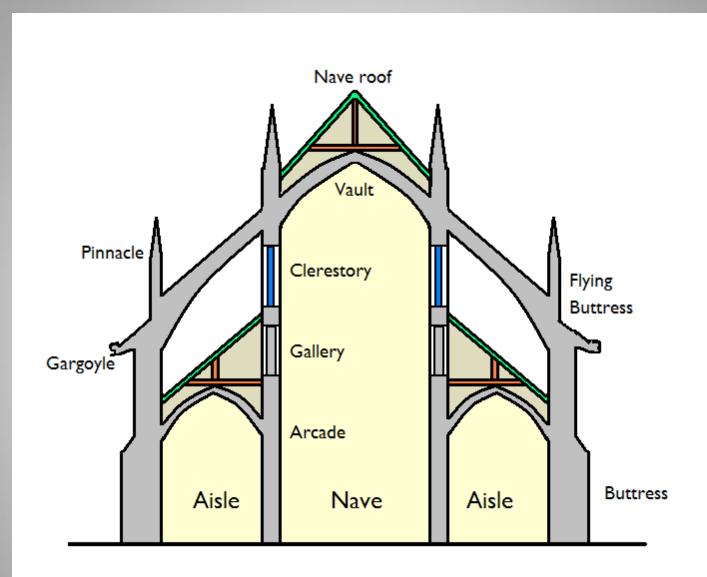
CHURCH IMAGERY (see also SAINTS AND SAINTED OBJECTS)

Agnus Dei Amphisbaena Angels Apes Asp Basilisk Blemya Centaur Chi-rho Christ of the trades Devil Doom paintings Eagles Elephants Five Wounds of Christ Four Doctors of the Latin Church Fox Green men Griffin Hand of God Harrowing of Hell Hart Hedgehog Hell mouth Instruments of Christ's Passion Labours of the Months Lions Owls Salamander Scallop shells Seven Deadly Sins Seven Sacraments Seven Works of Mercy Sheila-na-gig Three Living and Three Dead Tree of Jesse Tree of Jesse Tree of Life Unicorns Vine Wall-paintings Wodewoses Wolf place-names

COUNTRY HOUSES, MANOR-HOUSES, GARDENS AND LANDSCAPING

Avenues Brown, Lancelot Burlington, Lord Country houses Demesne Dovecotes Eye-catchers Fishponds Garden mounds Garden temples Gatehouses Gazebo Grottoes Ha-ha Ice-houses Kent, William Landscape gardens and landscaping Mausoleum Miller, Sanderson Moated sites Obelisks Parks Pineapples Prospect-towers Repton, Humphry Rustication Sham ruins Windbreaks

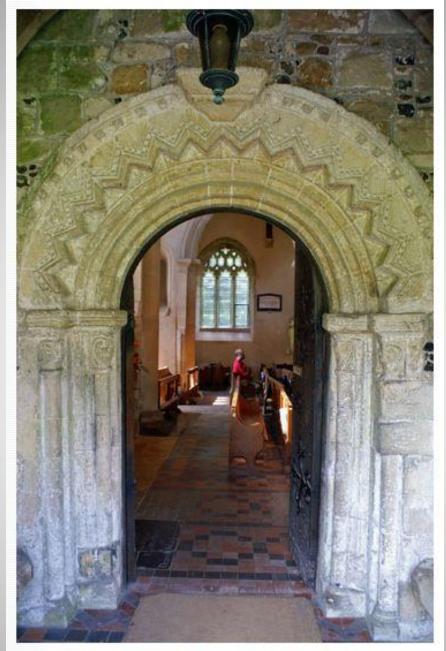




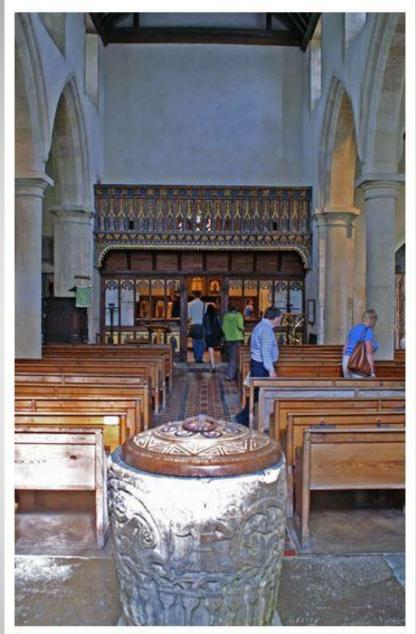
Avebury

Dedication : St James Simon Jenkins: * Principal Features : Saxon and Norman features. Norman Tub Font. Location.

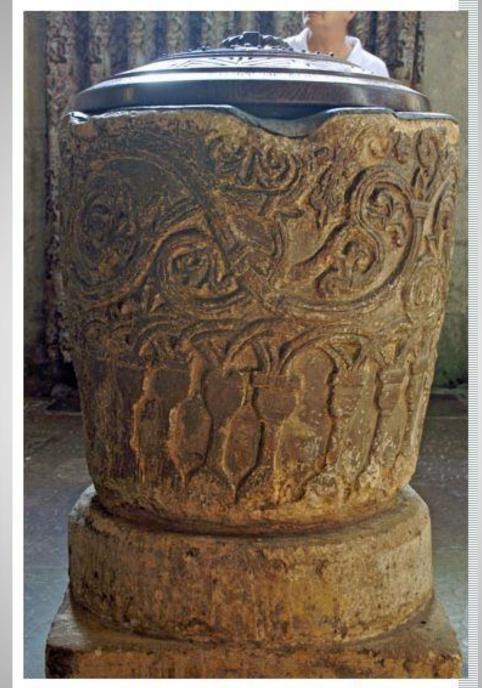




The Norman south door is the first clue that Avebury Church has more of interest than immediately meets the eye.



The font sits at the west end of the nave. The arcades are c15. In the background is the superb rood loft. Note, however, that the screen below it is Victorian!



The Norman tub font, designed for total immersion...



Looking towards the north aisle through the c15 arcades from the west door, we can see the surviving circular openings of the Saxon clerestory. The smaller holes which surround them are clearly visible. Lower left is a survivingSaxon window opening that would have originally been on the external wall of the church.



The reverse of the Saxon window in the picture left.



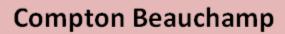
The c13 chancel.





The bishop and his crozier are crudely drawn, and note the assymetry of the recurring blind arcading motif below. As can be seen above, the serpents are little more sophisticated. Crude as this font is, its pagan influences seem totally in keeping with the atmosphere of this remarkable site.





Ħ

П





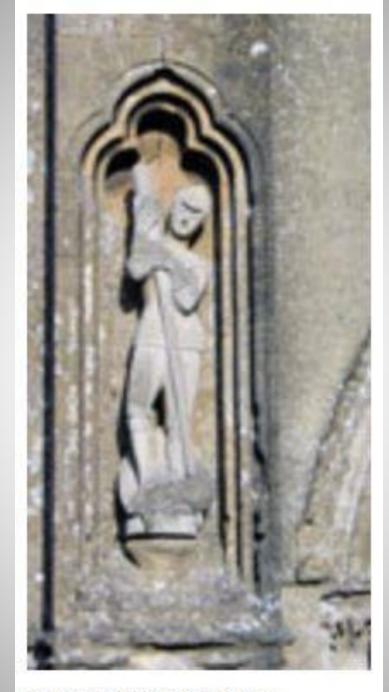


St Mary's Church, Uffington, built in 1250, is known as the "Cathedral of the Vale". This is because it is a large church, with a high standard of design and workmanship, which must have been built by a wealthy patron rather than as an ordinary parish church.





The sedilia



St George 'slaying the dragon'



The south transept.

Uffington

St. Mary's Church

Known as the Cathedral in the Vale, <u>Uffington</u> is considered one of the finest medieval churches in the county. It is a large cruciform building built almost entirely at one go by the <u>Abbot</u> <u>of Abingdon</u> around 1240. The central octagonal tower lost its spire during a storm in 1740. The church has a beautiful setting in the Vale of the <u>White Horse</u> and adjoins the old school (now a museum) which was attended by the titular character of 'Tom Brown's



School Days'. The author, Thomas Hughes was the grandson of the local vicar and he was christened in the font at Uffington. There is a memorial to him nearby. The church has a dramatic south porch with fine original 13th century scrolling ironwork on the door. There is also the most complete set of consecration crosses in the country (eleven out of twelve survive as originally set up by the Bishop at the time of the church's dedication). Inside, the moulded trefoil arched sedilia is worthy of note.

Architecture: Complete early 13th century cruciform church. Bizarre eastern chapels possibly from a restoration of 1677-9.



St Andrew's Church



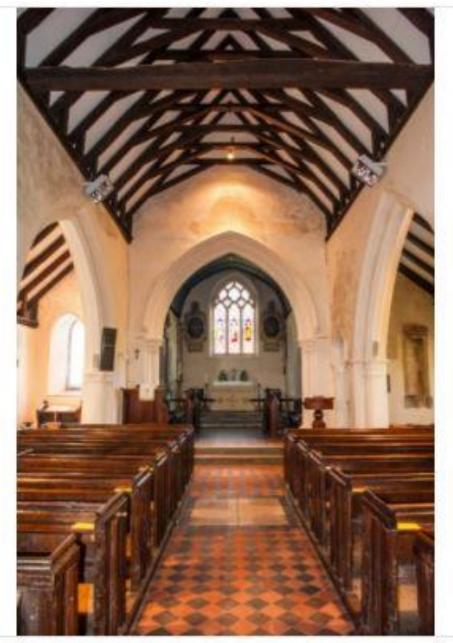
History

St Andrew's Church, South Stoke, was built in the early 1200s although it is believed there may have been an earlier church. It is one of the most beautiful churches in the district with a large and well-kept churchyard. The Parish of South Stoke cum Woodcote is believed to have been founded in Anglo-Saxon times, possibly by St. Birinus. In 1984 South Stoke became a separate parish in The United Benefice of Goring with South Stoke.

The church is built of local flint rubble with stone dressings and comprises a nave, north and south aisles, south porch, vestry and a western tower. It occupies a prominent position in the village, which has about 450 residents. The two lancet windows in the north wall and south aisle are from the earliest period. Since the church's foundation there have been many alterations and restorations. The east window was installed in 1875 and depicts the patron saint, St. Andrew, standing to the right of Our Lord with his brother, St. Peter, standing to the left.

The church contains some interesting memorials. On the north wall of the chancel there is a fine 17th century memorial in Latin for Dr. Griffiths Higgs, formerly Chaplain to Queen Elizabeth of Bohemia and Dean of Lichfield. He founded a charity which continues today. More details of the Griffith Higgs memorial can be found <u>here</u>. The war memorial was erected in 1920 and the









Dr Griffiths Higgs Memorial

THE HIGGS MEMORIAL

St Andrews is especially interesting for its memorials. In the chancel is a mural monument to Dr Griffiths Higgs, Dean of Lichfield and once chaplain to Elizabeth Stuart, Queen of Bohemia (The winter queen). Higgs was born in 1589 and was baptised at South stoke. He attended St Johns College, Oxford, and became first a Fellow, then a Master, at Merton College. In 1627 Charles I sent him to his sister Elizabeth, Queen of Bohemia, to be her Chaplain, a post he filled for a dozen years.

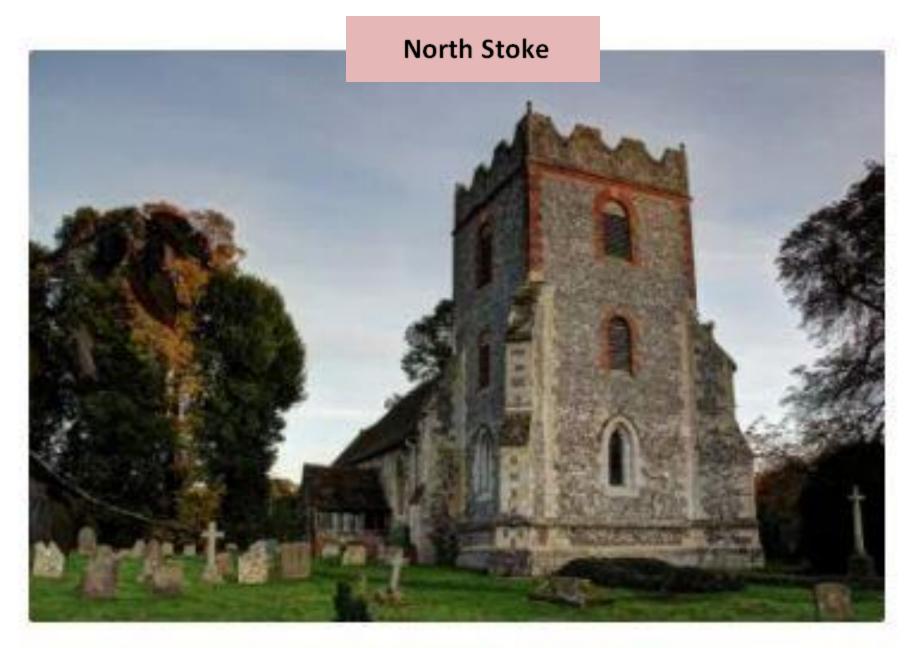
Higgs was recalled to England by the Archbishop of Canterbury and eventually served as Chaplain to Charles I himself. He lost his position in the Civil War due to his Royalist associations and retired to South Stoke. On his death in 1659 he gave £100 to buy land for the poor and the huge sum of £600 to fund a free school in perpetuity.

Unfortunately for Higgs' noble intentions, his nephew embezzled the money! The villainous nephew's conscience bothered him in the end and he repented. He was buried outside the church door so that every visitor steps on his grave!

15th century corbel of a queen







North Stoke Church

The nave and wall paintings





Medieval Wall Paintings

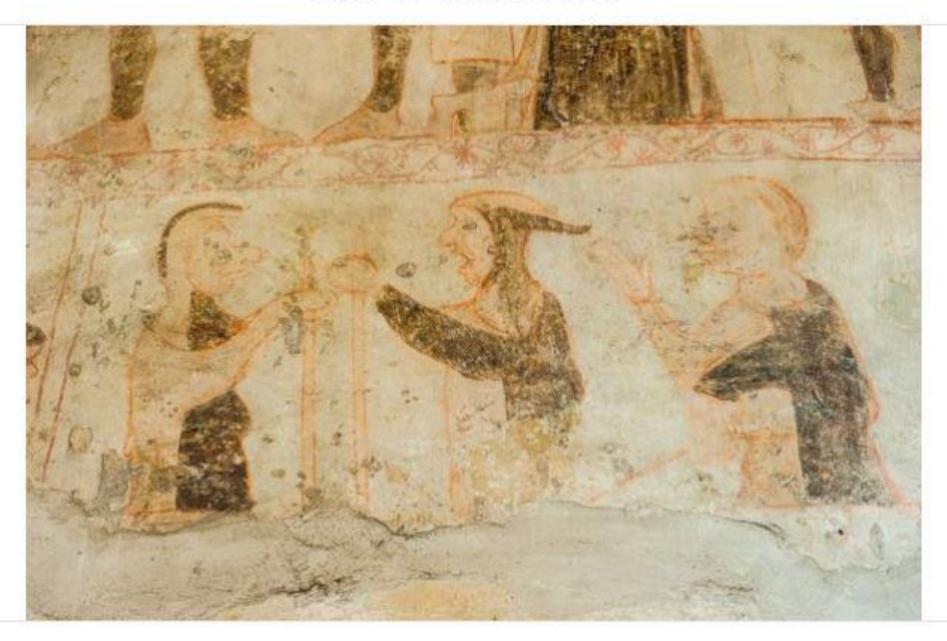


The Passion Cycle paintings



The Martyrdom of Thomas Becket

Judas receiving his silver



Christ presented to Pilate



The Stoning of St Stephen



14th-century floor tiles



Sparsholt

Holy Cross: north side with c13 west tower with later broach spire, late c13 bell openings



Holy Cross: early c14 Achard tomb in south wall of chancel, cross legged knight



Holy Cross: John Fettiplace of Sparsholt, d.1602



Uploader's Comments

Large ruff, doublet buttoned down the front, trunk hose, stocking with, shoes with bowed laces, and over all a long cape

Inscription translated as..

Here lies John Fettiplace, gentleman, who took as wife Margaret Andrews, one of the daughters of Thomas Braybrooke of Abington, Gentleman, and died the eighth day of February in the year 1602.

Here rest in peace John Fettiplace's bones,

Whose little corpse this little spot entombs.

His soul superior to the grave did rise, Left his low sphere, and dwells above the skies

Uploaded by Tim on 25 May 2019 https://disqus.com/by/disqus_NPG1PeOHD6

Holy Cross: three over life-sized c14 oak effigies in south transept; weepers along the eastern one



Uploader's Comments

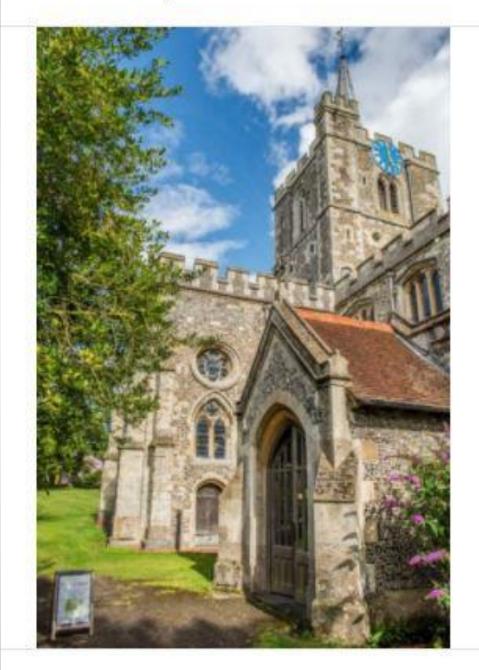
These monuments probably represent Robert Achard, d.1353, & two wives Joanna & Agnes

Ivinghoe



St Mary's Church, Ivinghoe

The south porch and west tower





Peter de Chaceport effigy, mid 14th century



The late medieval mermaid bench end carving

Looking up at the angel roof





The 15th-century angel roof

One of the 15th-century carved angels







A 15th-century poppyhead bench end carving



The thatch hook on the churchyard wall



Ivinghoe

The south porch and west tower

