

Mesopotamia

“Loosen my disgrace, the guilt of my wickedness, remove my disease, drive away my sickness, a sin I know (or) know not I have committed; on account of the sin of my father (or) my grandfather...”

“Take chopped leaves from tamarisk, adaru, fox grape, dog’s tongue plant and knead with juice of kasu plant. Rub top of tongue with butter, apply mixture.” Remedy for swollen tongue

“Twenty-one stones to help a barren woman become pregnant; you string them together on a linen thread and put them around her neck.”

“For 3 days, wear a dried mouse stuffed with myrrh...” (to prevent miscarriage)

“If a physician make a large incision with the operating knife, and kill him, or open a tumor with the operating knife, and cut out the eye, his hands shall be cut off.” Laws of Hammurabi

Egypt

“...my eyes are Hathor, my ears are Wepwaset...my lips are Anubis, my molars are Seiket...”

“If thou examines a man for illness in his cardia, and he has pains in his arms, in his breasts, and one side of the cardia...it is death threatening him.” Ebers papyrus

“Drink a mixture including [elderberry](#), asit plant fibers, [milk](#), beer-swill, cucumber flowers and green [dates](#).” (for diabetes)

Roman Empire

“(Wine is) the nurse of old age.” (Galen):

“All who drink of this remedy recover in a short time except those whom it does not help, who all die.” (Galen)

“I am thinking of you, cure my feet. The pain go in the ground, and may my feet be sound.’

He bids you chant this thrice nine times, touch the ground, spit on it, and be fasting while you chant.” (Varro)