

OLLI @ University of Illinois

Spring 2021 Semester

Course on Alternative, Complementary and Integrative Medicines

**ADDENDUM to the Supplementary Reading List**

1. **Finding Flow**, The Psychology of Engagement with Everyday Life. Csikszentmihályi, Mihály. Basic Books/Hachette Book Group. New York, NY, 1997.
2. **Flow, The Psychology of Optimal Experience**. Csikszentmihályi, Mihály. Harper Perennial Modern Classics. New York, NY, 1997.
3. **Religion and Healing in America**. Barnes, Linda L, and Sered, Susan S., editors. Oxford University Press. New York, NY. 2005.