

## Week 8: A HISTORY OF BALLET (Spring 2022)



**HOW BALLET EVOLVED**

**WORLD BALLET DAY**

**BALLET COMPANIES NEAR US**

**TODAY'S VOCABULARY**

## HOW BALLET EVOLVED

<https://www.youtube.com/watch?v=auDNcfK0Wcs&t=357s>

Ballet Evolved - The first four centuries 6:59

<https://www.youtube.com/watch?v=-EjfGgvsldM&t=9s>

Ballet Evolved: How ballet class has changed over the centuries 9:04

[https://www.youtube.com/watch?v=hAQs\\_rlyCKo](https://www.youtube.com/watch?v=hAQs_rlyCKo)

Ballet Evolved: Terre à terre exercises (4')

<https://www.youtube.com/watch?v=510WnZQUgac&t=28s>

Ballet Evolved: The Evolution of Pointe Work (7')

**World Ballet Day** An annual celebration of ballet held since 2014 in October. It is a collaboration between major ballet companies around the world, which stream live video of their behind-the-scenes preparations in their respective time zones. Lead co-producer is the Royal Opera House, Covent Garden, London.



[Royal Ballet](#)

[Mariinsky Ballet](#)

[Dance Theatre of Harlem](#)

[Cloud Gate Dance](#)

[The Australian Ballet](#)

## BALLET COMPANIES NEAR US

**The Joffrey Ballet** One of the premier dance companies and training institutions in the world today, based in Chicago. It was founded in 1953.

**Hubbard Street Dance Chicago** A contemporary dance company based in Chicago. It was founded in 1977

**Giordano Dance Chicago** A jazz dance company based in Chicago, founded in 1963.

**Champaign Urbana Ballet** A pre-professional dance company based in Champaign, founded in 1998

Current Performance: The Little Mermaid  
Virginia Theatre

Friday, May 6 at 7:00pm / Saturday, May 7 at 2:00pm and 7:00pm

## TODAY'S VOCABULARY

**Pas de Chat** (pah duh shah) Cat's-step. The step owes its name to the likeness of the movement to a cat's leap. 0:19

**Petit Allegro** Small jumps. The movements are small vertical, darting or contained steps. 0:54,

**Petit Battement** Small beating. It is commonly used as a term to describe any small beating action of the leg or foot. 0:17



