WEEK 4 OLLI February 19, 2020 Jennifer White

This is what we covered:

- New Moves
 - Hip Circles
 - Chest Circles
 - Wag Tail
 - Low Downs
 - Full camel walk
 - Camel walk used in a solo performance at 2:30 <u>https://youtu.be/01BzcrhT6Ps</u>
 - Nicole Trissell demonstrating Camel Walks <u>http://www.bluesmoves.com/the-camel-walk.html</u>
 - Also see Week 3 videos
- The Blues Aesthetic of Lag
 - John Joven and Shoshi <u>https://www.youtube.com/watch?v=oAXzq0ZqTw8</u>
 - Adam and Krystal Wilkerson <u>https://www.youtube.com/watch?v=Y_aP7Sdtouw</u>
- Finding a Groove
- Hound Dog Routine / Line Dance
 - Hound Dog Routine with Dexter Santos and Joe DeMers <u>https://www.youtube.com/watch?v=GgeCcidHPP4</u>
 - Sequence:

Hip Circles (4 right, 4 left) Chest Circles (4 right, 4 left) Wag Tail (4) Walk in Place (4) Low Downs (4) Mooch & James Brown (3 sets) Wag Tail (4)

Per Claire's Request:

Shake Your Money Maker (Line Dance from Week 1 & 2) Sequence:

Jazz Square (2) James Brown (right, left) C - Hips (right, left) Chugs